

D. Scott Sibley

Assistant Professor of Human Development and Family Sciences
School of Family and Consumer Sciences
Northern Illinois University

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Education

- Ph.D. Kansas State University, May 2015**
Doctor of Philosophy in Human Ecology: Marriage and Family Therapy
Major Professor: Dr. Amber Vennum
Dissertation: *Exploring the Theory of Resilient Commitment in Emerging Adulthood: A Qualitative Inquiry*
- M.S. University of Nebraska-Lincoln, August 2012**
Master of Science in Child, Youth and Family Studies: Marriage and Family Therapy
Advisor: Dr. Paul Springer
Post-Degree Certificate: *Medical Family Therapy*
- M.A. Southern Utah University, May 2010**
Master of Arts in Professional Communication
Thesis Director: Dr. Matthew Barton
Thesis: *An Exploration of the Construction of Commitment Leading to Marriage*
- B.S. Brigham Young University, August 2008**
Bachelor of Science in Psychology
Emphasis: *Social Psychology*

Academic and Professional Experience

- 2015 – Present **Assistant Professor**, School of Family and Consumer Sciences, Northern Illinois University, DeKalb, IL
- Courses Taught*
HDFS 284 – Introduction to Family Relationships
HDFS 382 – Group Process and Personal and Family Functioning
HDFS 383 – Clinical Applications in Family Social Services
HDFS 477 – Domestic Violence and Trauma in the Family
HDFS 482 – Child Abuse and Neglect
- 2012 – 2015 **Graduate Teaching Assistant**, School of Family Studies and Human Services, Kansas State University, Manhattan, KS

Courses Taught – Primary instructor for over 2,700 students

FSHS 110 – Intro to Human Development

FSHS 300 – Families, Health, and Illness

FSHS 301 – The Helping Relationship

2010 – 2012

Graduate Research Assistant, Child, Youth and Family Studies,
University of Nebraska-Lincoln, Lincoln, NE

Dr. Paul Springer

- Construction of Commitment Leading to Marriage
- Documentation for IRB, literature reviews, survey creation

Dr. Douglas Abbott

- Research recruitment, literature reviews, data collection, and data analysis

2006 – 2008

Undergraduate Research Assistant, Department of Psychology,
Brigham Young University, Provo, UT

Dr. Harold Miller

- Literature reviews, data collection, laboratory technician

SCHOLARSHIP

Research Interests

Commitment in couple relationships; romantic relationship formation; decision-making in emerging adulthood; marriage; family therapy theory (e.g., contextual therapy, Bowen family systems theory).

Peer Reviewed Publications

*Denotes Student Collaborator

Turns, B., Springer, P. R., & **Sibley, D. S.** (2018). Removing the “mystery” in therapy: Transparency as a continuous intervention in family psychotherapy. *Journal of Family Psychotherapy*.

Turns, B. & **Sibley, D. S.** (2018). Does maternal spanking lead to bullying behaviors at school? A longitudinal study. *The Journal of Child and Family Studies*.

Li, X., *Theisen, A., Seo, C., & **Sibley D. S.** (in press). Resourcefulness: Current insights and future directions for family scholars and clinicians. *The Family Journal*.

Sibley, D. S., *Schmidt, A. E., & *Kimmes, J. G. (2016). Applying a contextual therapy framework to treat panic disorder: A case study. *Journal of Family Psychotherapy*, 24(4), 299-317.

- *Schmidt, A. E., Green, M. S., **Sibley, D. S.**, & Prouty, A. M. (2016). Effects of parental infidelity on adult children's relational ethics with their partners: A contextual perspective. *Journal of Couple and Relationship Therapy*, 15, 3, 193-212.
- Vennum, A., Hardy, N., **Sibley, D. S.**, & Fincham, F. D. (2015). Dedication and sliding in emerging adult cyclical and non-cyclical romantic relationships. *Family Relations*, 64, 3, 407-419.
- Sibley, D. S.**, Springer, P. R., Vennum, A., & Hollist, C. S. (2015). An exploration of the construction of commitment leading to marriage. *Marriage & Family Review*, 51, 2, 183-203.
- Sibley, D. S.**, Kimmes, J. G., & Schmidt, A. E. (2015). Generating new stories of commitment in couple relationships by utilizing the sliding versus deciding framework. *Journal of Family Psychotherapy*, 26(1), 68-73.
- Hafen, M., Drake, A., Rush, B. R., & **Sibley, D. S.** (2015). Engaging students: Utilizing video clips of authentic client interactions in pre-clinical veterinary medicine education. *Journal of Veterinary Medical Education*. 42(3), 252-258.

Published Books

- Schmidt, A. E., & **Sibley, D. S.** (2018). *Contextual therapy for family health: Clinical applications*. New York, NY: Routledge.

Manuscripts under Review

Manuscripts in Progress

- Sibley, D. S.**, Vennum, A., Brown, C., LeFebvre, L. E. (in preparation). “We’re just talking”: Investigating a new trend in emerging adult romantic relationship formation.
- Springer, P. R., **Sibley, D. S.**, & Turns, B. (in preparation). The need for transparency in family therapy supervision.
- Sibley, D. S.**, Springer, P. R., Vennum, A. V., & Turns, B. (in preparation). Investigating deciding factors of commitment leading to marriage: A qualitative inquiry.
- LeFebvre, L. E., **Sibley, D. S.** (in preparation). The impact of social media and dating apps on romantic relationship formation and rejection.
- Sibley, D. S.**, Vennum A., Stanley, S. M., Kahovec, A., R, Schraufnagel, H., Lupo, T., Roark, J., Wilson, H. Stoffel, H. (in preparation). Proceed with caution: How emerging adults are testing the water in just talking romantic relationships.

Sibley, D. S., Stoffel, H., Schraufnagel, H., Kahovec, A. (in preparation). “The game’s rigged”: Exploring gender differences during emerging adulthood in just talking romantic relationships.

Sibley, D. S., Vennum, A, & Hartenstein J. (in preparation). The theory of resilient commitment.

Peer Reviewed Presentations

*Denotes Student Collaborator

Sibley, D. S., *Kahovec, A., *Kohlstedt, K., *Lupo, T., *Schraufnagel, H., & *Stoffel, H., (2018, April). *Exploring the theory of resilient commitment in emerging adulthood: A qualitative inquiry*. Paper presentation at the annual conference of the Illinois Council on Family Relations, Heartland Community College, Normal, IL.

*Brucki, J., *Goodwin, K., *Hill, L., *McCants, K., *Slivinski, L., & **Sibley, D. S.** (2018, April). *We’re just talking”: Constructing a new trend in emerging adulthood romantic relationship formation*. Poster presentation at the annual Undergraduate Research and Artistry Day, Northern Illinois University, DeKalb, IL.

*Kahovec, A., *Kohlstedt, K., *Ochoa, C., *Hunter, J., *Hayes, S., & **Sibley, D. S.** (2018, April). *What’s the rush? Exploring emerging adult beliefs about commitment in couple relationships and marriage postponement*. Poster presentation at the annual Undergraduate Research and Artistry Day, Northern Illinois University, DeKalb, IL.

Sibley, D. S. & Turns, B. (2017). *Generating new stories of commitment: Sliding versus deciding*. Roundtable accepted for presentation at the annual conference of the National Council on Family Relations, Orlando, FL.

Sibley, D. S., Kahovec, A., Schraufnagel, H., Stoffel, H. (2017, November). *“The Game’s Rigged”*: Exploring gender differences during emerging adulthood in just talking romantic relationships. Paper presented at SSEA 2017, The 8th Conference on Emerging Adulthood, Washington, D.C.

Sibley, D. S., Kahovec, A., Schraufnagel, H., Stoffel, H. (2017, November). *Proceed with caution: How emerging adults are testing the water in just talking romantic relationships*. Paper presented at SSEA 2017, The 8th Conference on Emerging Adulthood, Washington, D.C.

Brucki, J., Granger, K., Thomas, J. **Sibley, D. S.** (2017, August). *“The Game’s Rigged”*: Exploring gender differences during emerging adulthood in just talking romantic relationships. Research presentation at the annual Summer Research Symposium, Northern Illinois University, DeKalb, IL.

- *Kahovec, A., *Kohlstedt, K., *Lupo, T., *Ochoa, C., *Roark, J., & **Sibley, D. S.** (2017, April). *Proceed with caution: How emerging adults are testing the water in just talking romantic relationships*. Poster presentation at the annual Undergraduate Research and Artistry Day, Northern Illinois University, DeKalb, IL.
- Sibley, D. S.**, *Kahovec, A., *Kohlstedt, K., *Potempa, R. *Roark, J. *Rosiles, R., & *Schraufnagel, H. (2017, April). *Proceed with caution: How emerging adults are testing the water in just talking romantic relationships*. Paper presentation at the annual conference of the Illinois Council on Family Relations, Illinois State University, Normal, IL.
- Schmidt, A. E., Dorman, C., Davis, A., **Sibley, D. S.**, (2016, October). *Fair Winds and Squalls: The Health Impact of Family Legacies across the Lifespan*. Panel presentation at the 2016 Collaborative Family Healthcare Association's Annual Conference, Charlotte, NC.
- *Potempa, R. G., **Sibley D. S.**, & Vennum, A. (2016, September). *The construction of commitment during emerging adulthood*. Formal research presentation at the 2016 American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
- *McMillan, B., **Sibley, D. S.**, Springer, P. R., & Vennum, A. (2016, September). *Investigating deciding factors of commitment leading to marriage*. Formal research presentation at the 2016 American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
- Potempa, R. G. Miguel, Y., Ochoa, C., Pease, J., Rosiles, R., Stoffel, H., Turuc R., **Sibley, D. S.** (2016, August). *The impact of just talking on romantic relationship formation during emerging adulthood*. Research presentation at the annual Summer Research Symposium, Northern Illinois University, DeKalb, IL.
- *Busk P., *Knapp, D., *Mallory A., *Brown, C., *Busk, M., & **Sibley, D. S.** (2015, November). *Technology's role in emerging adult romantic relationship formation*. Poster presented at the annual conference of the National Council on Family Relations, Vancouver, Canada.
- Sibley, D. S.**, *Knapp, D., *Brown, C., *Mallory, A., *Busk, P., *Kimmes, J., *Busk, M., & Vennum, A. (2015, October). *"We're just talking": Constructing a new trend in emerging adulthood romantic relationship formation*. Paper presented at SSEA 2015, The 7th Conference on Emerging Adulthood, Miami, FL.
- *Schmidt, A. E., & **Sibley, D. S.** (2015, September). *A contextual therapy framework for family health*. Conference session presented at the 2015 American Association for Marriage and Family Therapy Annual Conference, Austin, TX.
- *Schmidt, A. E., Green, M. S, Prouty, A. M., & **Sibley, D. S.** (2015, February). *Parental infidelity and adult children's relationships*. Poster accepted for presentation at the annual conference of the Texas Association for Marriage and Family Therapy, Austin, TX.

Sibley, D. S., Springer, P. R., Vennum, A.V., Hollist, C.S. (2014, November). *An exploration of a construction of commitment leading to marriage*. Paper presented at the annual conference of the National Council on Family Relations, Baltimore, MD.

Schmidt, A. E., & **Sibley, D. S.** (2014, November). *It's not fair: Using contextual therapy with families facing health issues*. Roundtable accepted for presentation at the annual conference of the National Council on Family Relations, Baltimore, MD.

Sibley, D. S., Springer, P. R., Vennum, A.V., & Hollist, C.S. (2014, October). *An exploration of a construction of commitment leading to marriage in young adult couples*. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Milwaukee, WI.

Sibley, D. S., Hartenstein J., *Huff, E., *Mohney, A., *Crosson, J., *McMillan, B., *Hermes, H. (2014, March). *Commitment in romantic relationships: Developing the resilient commitment scale*. Research poster presented at the annual K-State Research Forum, Kansas State University, Manhattan, KS.

*Hardy, N. R., Anderson, J. R., Johnson, M. D., **Sibley, D. S.,** *Luu, S., Wilcox, A., (2013, November). *Neuroticism, distress, and dietary adherence among couples with diabetes*. Paper presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

Miller, B., Springer, P., **Sibley, D. S.,** Davis, E., & Neuhaus, V. (2012, September). *Ethics in Action*. Conference session presented at the annual conference of the American Association for Marriage and Family Therapy, Charlotte, NC.

Sibley, D. S. & Springer, P. (2010, November). *An exploration of the construction of commitment leading to marriage*. Research poster presented at the annual Student Research Conference of the College of Education and Human Sciences, University of Nebraska-Lincoln. Lincoln, NE.

Invited Presentations

Sibley, D. S. (2017, November). *The impact of pornography on individuals, couples, and families*. Workshop presented at the Bishop's Welfare Meeting for Rockford Stake of The Church of Jesus Christ of Latter-day Saints, Rockford Stake Center, Rockford, IL.

Sibley, D. S. (2017, July). *Understanding and supporting adolescent mental health*. Workshop for the Young Women's Stake Leaders for the Rockford Stake of The Church of Jesus Christ of Latter-day Saints, Camp Loud Thunder, Illinois City, IL.

Sibley, D. S. (2017, January). *Roll with the waves: The importance of self-care*. Presentation in Dr. Jon Briscoe's MGMT 615 – Managerial Leadership, Northern Illinois University, Hoffman Estates, IL.

- Sibley, D. S.** (2017, January). *Establishing and maintaining healthy relationships*. Presentation in Dr. Jon Briscoe's MGMT 615 – Managerial Leadership, Northern Illinois University, Hoffman Estates, IL.
- Sibley, D. S.** (2016, October). *Establishing and maintaining healthy relationships*. Presentation for the Relief Society of the Sycamore 2nd Ward in The Church of Jesus Christ of Latter-day Saints, Sycamore, IL.
- Sibley, D. S. & Schmidt, A. E.** (2016, April). *An introduction to medical family therapy*. Presentation in MFT 872 – Family Therapy, Kansas State University via Skype.
- Sibley, D. S.** (2015, September). *An introduction to contextual therapy*. Presentation in MFT 910 – Topics in Marriage and Family Therapy, Kansas State University via Skype.
- Sibley, D. S.** (2015, February). *Roll with the waves: The importance of self-care*. Presentation at the Parkinson's Education Group of the Flint Hills, Meadowlark Hills Retirement Community, Manhattan, KS.
- Sibley, D. S.** (2014, October). *Analyzing qualitative data using a grounded theory approach*. Presentation in FSHS 902 – Qualitative Research Methods in FSHS, Kansas State University, Manhattan, KS.
- Durtschi, J. A. & **Sibley, D. S.** (2014, August). *The transition to parenthood for military couples*. Presentation at Irwin Army Community Hospital, Fort Riley, KS.
- Sibley, D. S.** (2014, October). *A family perspective on Parkinson's disease*. Presentation at the Parkinson's Education Group of the Flint Hills, Meadowlark Hills Retirement Community, Manhattan, KS.
- Lindsay, S., **Sibley, D. S.**, & Bunker, S. (2009, April). *Compliance gaining strategies: An analysis of structured messages most effective for physicians treating patients with diabetes*. Patient interview findings presented to health care providers from Valley View Medical Center and Cedar Ridge Family Medicine Clinic, Southern Utah University. Cedar City, UT.

Book Reviews

- Sibley, D. S. (April 01, 2018). Whiting, J. B. (2016). *Love me true: Overcoming the surprising ways we deceive in relationships*. Springville, UT: Plain Sight Publishing, 164 pp., \$14.99. *Journal of Marital and Family Therapy*, 44, 2, 369-371.

Professional Blog Posts

- Sibley, D. S. (2018, March 20th). Resilient Commitment: Overcoming the Intergenerational Effects of Parental divorce. [Blog post]. Institute for Family Studies. Retrieved from: <https://ifstudies.org/blog/resilient-commitment-overcoming-the-intergenerational-effects-of-parental-divorce>

- Sibley, D. S. (2018, January 4th). Communicating key truths about marriage and family in the university classroom. [Blog post]. *Institute for Family Studies*. Retrieved from: <https://ifstudies.org/blog/communicating-key-truths-about-marriage-and-family-in-the-university-classroom>
- Sibley, D. S. (2017, October 29th). Excitement and preparation for the SSEA 2017 Conference in Washington, D.C. Retrieved from: <https://decidetocommit.com/excitement-and-preparation-for-the-ssea-2017-conference-in-washington-d-c/>
- Sibley, D. S. (2017, July 31st). Are you a strong link in your relationships? [Blog post]. *Decide to Commit*. Retrieved from: <https://decidetocommit.com/are-you-a-strong-link-in-your-relationships>
- Sibley, D. S. (2017, June 17th). choose your love, love your choice. [Blog post]. *Decide to Commit*. Retrieved from: <https://decidetocommit.com/choose-your-love-love-your-choice>
- Schmidt, A. E., **Sibley, D. S.**, & Dorman, C. (2016, November 29th). Fair Winds and Squalls: The health impact of family legacies across the lifespan. [Blog post]. *Collaborative Family Health Care Association*. Retrieved from: <http://www.cfha.net/blogpost/753286/263378/Fair-Winds-and-Squalls-The-Health-Impact-of-Family-Legacies-Across-the-Lifespan>

RESEARCH EXPERIENCE

Research Projects & Positions

Supervised and Led the HDFS Research Team (undergraduate and graduate students)

Northern Illinois University, May 2015 – Present

- Led and designed several research projects and offered mentorship to undergraduates
- Conducted weekly research team meetings with undergraduate students
- Provided a special setting for undergraduate students to gain experience with academic writing, research scale creation, and data collection
- Designed a blog to allow undergraduate and graduate students an opportunity to write and critique the latest romantic relationship findings on DecideToCommit.com

Co-Principle Investigator on the K-State Relationship Survey

Kansas State University, January 2014 – May 2015

- Designed and implemented a major research study with Dr. Jared Durtschi
- Created a new survey in three waves across each semester to collect longitudinal data
- Collaborated with researchers in sociology to expand and gather more data
- Provided data and codebooks to faculty and graduate students in marriage and family therapy, family studies, and sociology

Supervised and Led the FSHS Research Team (undergraduate and graduate students)

Kansas State University, May 2013 – May 2015

- Led and designed several research projects and offered mentorship to undergraduates

- Conducted weekly research team meetings with undergraduate students
- Provided a special setting for undergraduate students to gain experience with academic writing, research scale creation, and data collection

Graduate Research Assistant

Dr. Paul Springer, University of Nebraska-Lincoln, August 2010 – August 2012

- Created a research poster and handout for use at AAMFT 2010
- Documentation for IRB, Literature reviews, survey creation

Graduate Research Assistant

Dr. Douglas Abbott, University of Nebraska-Lincoln, August 2010 – August 2012

- Research Recruitment – Presented a research project to over 2,000 students to recruit potential research participants for a research study
- Literature reviews, Data collection, and Data analysis

Undergraduate Research Assistant

Dr. Harold Miller, Brigham Young University, January 2006 – May 2008

- Literature reviews, Data Collection, Lab technician

STUDENTS MENTORED/RESEARCH SUPERVISED

Doctoral Students – Dissertation Committee

2016	Nicole Burt	Direct and Interactive Effects of Infant Frustration and Parenting on Toddler Compliance: A Test of Differential Susceptibility
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Master's Students – Thesis Committee

*Denotes Thesis Chair

2019	Hanna Stoffel	
2019	Hillary Schraufnagel	
2018	Katie Granger*	The Influence of Father Involvement on Emerging Adult Daughters' Romantic Relationships
2018	Sydney Ray	Relational Ethics and Environmental Concern

Master’s Students – Mentored Research on Research Team

*Denotes Graduate Assistant

2016 – Present	Hillary Schraufnagel	“We’re Just Talking”: Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.
2017 – Present	Taylor Lupo*	“We’re Just Talking”: Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.
2016 – Present	Hanna Stoffel*	“We’re Just Talking”: Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.
2017 – 2017	Stephanie Lipira	DecideToCommit.com *Child Life Internship – Yale New Haven Hospital
2017 – 2017	Katie Granger	“The Game’s Rigged”: Exploring Gender Differences during Emerging Adulthood in Just Talking Romantic Relationships.
2015 – 2017	Ryan Potempa*	Exploring the Theory of Resilient in Emerging Adulthood: A Qualitative Inquiry
2013 – 2015	Paul Busk	“We’re Just Talking”: Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.
2013 – 2015	Allen Mallory	“We’re Just Talking”: Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation. *Graduate School Acceptance – HDFS Ph.D. Program; University of Texas at Austin
2015 – 2015	Laura Schachtner	“We’re Just Talking”: Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.

Undergraduate Students – Mentored Research on Research Team

2018 – Present	Lilydian Tolbert	Exploring the Romantic Relationship Formation Continuum
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2018 – Present	Heather Nitzki	Exploring the Romantic Relationship Formation Continuum
2018 – Present	Sarah Hayes	Exploring the Romantic Relationship Formation Continuum
2018 – Present	Keilene McCants	Exploring the Romantic Relationship Formation Continuum
2018 – Present	Kelsey Goodwin	Exploring the Romantic Relationship Formation Continuum
2018 – Present	Lauren Slivinski	Exploring the Romantic Relationship Formation Continuum
2018 – Present	Jamye Hunter	Exploring the Romantic Relationship Formation Continuum
2017 – Present	Laura Hill	Exploring the Romantic Relationship Formation Continuum *Graduate School Acceptance – MFT Program; Northern Illinois University
2017 – 2017	Rebecca Viereckl	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2017 – 2017	Edgar Favela	DecideToCommit.com
2017 – 2017	Jenna Thomas	DecideToCommit.com
2017 – Present	Jessie Brucki	“The game’s rigged”: Exploring gender differences during emerging adulthood in just talking romantic relationships. *Graduate School Acceptance – MFT Program; Northern Illinois University
2017 – Present	Taylor Lupo	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University

2017 – 2017	Jaqui Roark	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships
2017 – Present	Kelli Kohlstedt	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2017 – 2017	Shannon Bowen	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships
2016 – 2018	Hillary Schraufnagel	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2016 – 2018	Amie Kahovec	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – Child and Family Studies Program; University of Tennessee
2016 – Present	Claudia Ochoa	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships
2016 – 2017	Rodolfo Rosiles	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2016 – 2017	Aaron Tse	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2016 – 2017	Morgan Smith	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University

2016 – 2017	Rachel Turuc	Exploring how Emerging Adult's Conceptualize Romantic Relationship Formation Leading to Marriage *Graduate School Acceptance – MFT Program; Northern Illinois University
2016 – Present	Hanna Stoffel	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2016 – 2017	Jasmine Pease	Exploring how Emerging Adult's Conceptualize Romantic Relationship Formation Leading to Marriage *Graduate School Acceptance – Social Work Program; Aurora University
2016	Cindy Nunez	Exploring how Emerging Adult's Conceptualize Romantic Relationship Formation Leading to Marriage
2016	Yesica Miguel	Exploring how Emerging Adult's Conceptualize Romantic Relationship Formation Leading to Marriage
2015 – 2016	Amanda O'Connor	Constructing a Romantic Relationship Formation Continuum during Emerging Adulthood
2015 – 2016	Rachael Martin	Constructing a Romantic Relationship Formation Continuum during Emerging Adulthood *Graduate School Acceptance – MFT Program; Purdue University-Calumet
2015	Michelle Busk	“We're Just Talking”: Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation. *Graduate School Acceptance – MFT Program; Kansas State University
2014 – 2015	Shannon Conover	K-State Relationship Survey
2014 – 2015	Amber Paxton	“We're Just Talking”: Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.

2014 – 2015	Karlyn Ruggle	“We’re Just Talking”: Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation. *Graduate School acceptance – Social Work Program; Kansas University
2014 – 2015	Lara Hoss	“We’re Just Talking”: Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.
2014 – 2015 2014 – 2015	Riley Hundley Kelsey Koblitz	K-State Relationship Survey K-State Relationship Survey *Graduate School acceptance – School Psychology Program; Oklahoma State University
2013 – 2015	Aeriel Dodson	K-State Relationship Survey *Graduate School acceptance – Social Work Program; Kansas University
2013 – 2015	Blair McMillian	Exploring the Theory of Resilient in Emerging Adulthood: A Qualitative Inquiry; Deciding Factors of Commitment; K-State Relationship Survey; Commitment Formation Scale *Graduate School Acceptance – MFT Program; University of Nebraska-Lincoln
2013 – 2015	Jordan Crosson	Commitment Formation Scale; K-State Relationship Survey *Graduate School Acceptance – MFT Program; Kansas State University
2013 – 2015	Emily Huff	Deciding Factors of Commitment; K-State Relationship Survey; Commitment Formation Scale *Graduate School Acceptance – Nursing Program; MidAmerica Nazarene University
2013 – 2014	Chelsea Short	K-State Relationship Survey; Deciding Factors of Commitment *Graduate School Acceptance – MFT Program; University of Nebraska-Lincoln

2013 – 2014	Haley Hermes	“We’re Just Talking”: Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation. *Graduate School Acceptance – MFT Program; University of Nebraska-Lincoln
2013 – 2014	Sarah Smith	Commitment Formation Scale; *Graduate School Acceptance – MFT Program; University of Nebraska-Lincoln
2013 – 2014	Ashley Mohny	Commitment Formation Scale
2013 – 2014	Tori Marshall	Commitment Formation Scale

CLINICAL EXPERIENCE

Marriage and Family Therapy

Licensed Marriage and Family Therapist in the State of Michigan, License #4101006798

Licensed Marriage and Family Therapist in the State of Kansas, License #2556

Marriage and Family Therapist – DeKalb, IL

- November 2015 – Present
- Responsibilities: Provided individual, couple, and family therapy with clients from the community and NIU. Therapy conducted in the NIU Couple and Family Therapy Clinic
- Supervisor: Barb Cuppett, LMFT

Marriage and Family Therapy Intern – K-State Family Center, Manhattan, KS

- August 2012 – May 2015
- Responsibilities: Provided individual, couple, and family therapy with clients from the community and K-State
- Supervisors: Dr. Amber Vennum, Dr. Jared Durtschi

Marriage and Family Therapy Intern – Parkinson’s Education & Support Group of the Flint Hills, Meadowlark Hills Retirement Community, Manhattan, KS

- June 2014 – May 2015
- Responsibilities: Designed and implemented a support group for caregivers of patients with Parkinson’s disease; provided education on family functioning and coping
- Supervisors: Dr. Amber Vennum, Michelle Haub

Marriage and Family Therapy Intern – Irwin Army Community Hospital, Fort Riley, KS

- February 2013 – August 2014
- Responsibilities: Designed and implemented support groups for military couples about the transition to parenthood and post-partum depression
- Supervisor: Dr. Jared Durtschi

Medical Family Therapy Intern - Department of Family Medicine, Durham Outpatient Center, University of Nebraska Medical Center, Omaha, NE

- August 2011 - August 2012
- Responsibilities: Provided individual, couple, and family therapy; collaborated with health care professionals in the Department of Family Medicine and throughout UNMC's health network
- Supervisors: Dr. Dave Robinson, Dr. Dan Felix, Dr. Katie Kueny

Marriage and Family Therapy Intern - Family Resource Center, University of Nebraska-Lincoln

- June 2011 - August 2012
- Responsibilities: Provided individual, couple, and family therapy with clients from the community and the Community Corrections Center-Lincoln; parenting classes; distance therapy
- Supervisors: Dr. Richard Bischoff, Dr. Allison Reisbig, Dr. Paul Springer

Clinical Supervision

AAMFT Approved Supervisor, May 2016 – Present

Faculty Supervisor at the Couple and Family Therapy Clinic at NIU – Jan. 2018 – Present

- Responsibilities: Provided individual group supervision to master's level MFT students; supervised an 8-hour practicum day

Supervisor in Training K-State Family Center, 2013 – January 2015

- Responsibilities: Provided individual supervision to master's level MFT students; provided evening supervision for a four hour block each week for eighteen months

Family Life Education

Certified Family Life Educator, National Council on Family Relations, Certificate #1177982

Additional Training

PREP Approach in Couple Therapy Training – Certificate of Completion – March 2017

PROFESSIONAL MEMBERSHIP & SERVICE

Professional Organizations

American Association for Marriage and Family Therapy, Pre-Clinical Fellow, 2010 – Present

National Council on Family Relations, Member, 2013 – Present

Society for the Study of Emerging Adulthood, Early Career Member, 2014 – Present

Collaborative Family Health Care Association, Member, 2016 – 2018

Illinois Association for Marriage and Family Therapy, Member, 2015 – Present

American Family Therapy Academy, Student Member, 2014 – 2015

Kansas Association for Marriage and Family Therapy, Student Member, 2012 – 2015

Nebraska Association for Marriage and Family Therapy, Student Member, 2010 – 2012

Editorial Review

Ad Hoc Reviewer:

- *Contemporary Family Therapy*
- *Emerging Adulthood*
- *Journal of Social and Personal Relationships*
- *Journal of Feminist Family Therapy*

Professional Conference Reviewer:

- American Association for Marriage and Family Therapy 2018 Annual Conference
- National Council on Family Relations 2017 Annual Conference
- Society for the Study of Emerging Adulthood 2017 Biennial Conference
- American Association for Marriage and Family Therapy 2017 Annual Conference
- National Council on Family Relations 2016 Annual Conference
- Society for the Study of Emerging Adulthood 2015 Biennial Conference
- National Council on Family Relations 2014 Annual Conference

SERVICE ACTIVITIES

2017 Freshmen Orientation for New Students and Families – “A Professor’s Perspective”

2016 Freshmen Orientation for New Students and Families – “A Professor’s Perspective”

Awards & Achievements

Northern Illinois University, 2017

College of Health and Human Sciences Faculty Grant – \$2,000

Kansas State University, 2015

Golden Key International Honour Society Graduate Teaching Assistant of the Year

Kansas State University, 2013, 2014

Nominated twice for the GSC Award for Graduate Student Teaching Excellence

Kansas State University, 2014 – 2015

Robert H. Poresky Award – \$1,500 for Dissertation Research

Kansas State University, 2013 – 2014

GTA Recognition of Achievement in Professional Development – awarded for excellence and commitment in undergraduate teaching

University of Nebraska-Lincoln, 2011 – 2012

Lutjeharms Fellowship – Provided money for books and other school expenses

University of Nebraska-Lincoln, 2010 – 2012

Edgren Graduate Tuition Fellowship – Provided in-state tuition

Brigham Young University, 2004, 2005

Real Estate Owned Managers Association (REOMAC) Scholarship – Two-time Recipient

Brigham Young University-Idaho, 2002 – 2003

Thomas E. Ricks Scholarship – Full Tuition and Books

Boy Scouts of America, 1998

Eagle Scout

Leadership & Community Service

- 2nd Year Ph.D. Cohort Faculty Meeting Representative, 2013 – 2014
- LDS Seminary Teacher, 2012 – 2014
- Volunteer Scout Leader in the Boy Scouts of America, 2010 – 2012, 2015 – Present
- Soccer Coach, 2009 – 2016
- Voluntarily served as a full-time church representative in Johannesburg, South Africa for 2 years at own expense, 2000 – 2002

Professional References

Kansas State University

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Dr. Sandra Stith

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