D. Scott Sibley

Associate Professor of Human Development and Family Sciences
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Education

Ph.D. **Kansas State University, May 2015**
Doctor of Philosophy in Human Ecology: Marriage and Family Therapy
Major Professor: Dr. Amber Vennum
Dissertation: *Exploring the Theory of Resilient Commitment in Emerging Adulthood: A Qualitative Inquiry*

M.S. **University of Nebraska-Lincoln, August 2012**
Master of Science in Child, Youth and Family Studies: Marriage and Family Therapy
Advisor: Dr. Paul Springer
Post-Degree Certificate: *Medical Family Therapy*

M.A. **Southern Utah University, May 2010**
Master of Arts in Professional Communication
Thesis Director: Dr. Matthew Barton
Thesis: *An Exploration of the Construction of Commitment Leading to Marriage*

B.S. **Brigham Young University, August 2008**
Bachelor of Science in Psychology
Emphasis: *Social Psychology*

Academic and Professional Experience

2025 – 2026 **Associate Professor, HDFS Program Director, and Engaged Learning Scholar**, Human Development and Family Sciences, School of Clinical and Developmental Sciences, Northern Illinois University, DeKalb, IL.

2025 – 2026 **Associate Professor & Engaged Learning Scholar**, Human Development and Family Sciences, School of Family and Consumer Sciences, Northern Illinois University, DeKalb, IL.

2023 – 2025 **Associate Professor & Associate Chair**, Human Development and Family Sciences, School of Family and Consumer Sciences, Northern Illinois University, DeKalb, IL.

2021 – 2023 **Associate Professor & Area Coordinator**, Human Development and Family Sciences, School of Family and Consumer Sciences, Northern Illinois University, DeKalb, IL.

2015 – 2021 **Assistant Professor**, Human Development and Family Sciences, School of Family and Consumer Sciences, Northern Illinois University, DeKalb, IL.

Courses Taught
HDFS 284 – Introduction to Family Relationships
HDFS 382 – Group Process and Personal and Family Functioning
HDFS 383 – Clinical Applications in Family Social Services
HDFS 477/577 – Domestic Violence and Trauma in the Family
HDFS 482/582 – Child Abuse and Neglect
HDFS 487 – Overview of Marriage and Family Therapy
HDFS 588 – Working with Diverse Children and Families in the Unites States
HDFS 639 – Practicum in Family Therapy
HDFS 693 – Addiction & Substance Abuse in MFT

2012 – 2015 **Graduate Teaching Assistant**, School of Family Studies and Human Services, Kansas State University, Manhattan, KS

Courses Taught – Primary instructor for over 2,700 students
FSHS 110 – Introduction to Human Development
FSHS 300 – Families, Health, and Illness
FSHS 301 – The Helping Relationship

2010 – 2012 **Graduate Research Assistant**, Child, Youth and Family Studies, University of Nebraska-Lincoln, Lincoln, NE
- Dr. Paul Springer
- Dr. Douglas Abbott

2006 – 2008 **Undergraduate Research Assistant**, Department of Psychology, Brigham Young University, Provo, UT
- Dr. Harold Miller

Awards & Achievements

Recipient of 2023 Excellence in Undergraduate Teaching Award
Northern Illinois University
"*The Excellence in Undergraduate Teaching Award (EUTA) encourages and honors outstanding teaching at NIU. It also promotes discussion about teaching excellence and improvement on campus. Undergraduate students have a major role in selecting faculty for the annual award. Their comments on nominees' qualifications are considered in the process, along with those of faculty, administrators and others.*"

Nominated for the College of Health and Human Sciences Faculty Teaching Award, 2022
NIU Human Development and Family Sciences Students and School Chair

Nominated for the College of Health and Human Sciences Faculty Teaching Award, 2021
NIU Human Development and Family Sciences Faculty

Recipient of the 2020 Sullivan Award for Excellence in Research
College of Health and Human Sciences – Northern Illinois University
"*The Sullivan Award for Excellence in Research is given to a regular full-time faculty tenured/tenure-track or clinical and regular full-time supportive professional staff who have at least three years of experience at NIU. Grantsmanship and collaborative efforts with students are also considered for this award that was endowed by Peggy Sullivan, former dean of the college.*"

Recipient of the 2019 ILCFR Faculty Mentor Award
Illinois Council on Family Relations
"*This award will be given to a professor or university or college faculty member, who may or may not be a member of ILCFR. A person is eligible for this award if he/she has demonstrated the ability to provide the following for college or university students intellectual growth and development, career or professional development, positive role modeling, and professional guidance for the ILCFR conference.*"

Nominated for the College of Health and Human Sciences Faculty Teaching Award, 2019
NIU Human Development and Family Sciences Faculty

Northern Illinois University, 2017
College of Health and Human Sciences Faculty Grant – $2,000

SCHOLARSHIP

Research Interests

Commitment in couple relationships; romantic relationship formation; marriage; resilience after parental/grandparental divorce; medical family therapy; family therapy theory (e.g., contextual therapy, Bowen family systems theory).

Peer Reviewed Publications

*Denotes Student Collaborator

Sibley, D. S., Vennum, A., Mallory, A. B., Brown, C. C., & LeFebvre, L. E. (2024). "We're just talking": Constructing a recent trend in emerging adult romantic relationship development. *Journal of Couple and Relationship Therapy, 23*(4), 249–281. https://doi.org/10.1080/15332691.2024.2406823

Eddy, B. P.**,** Springer, P., **Sibley, D. S.**, Fife, S., & Turns, B. (2022). Keeping the ledger balanced during pregnancy. *International Journal of Systemic Therapy*, *33,* 2, 87-108. https://doi.org/10.1080/2692398X.2022.2041345

Turns, B., Springer, P. R., Eddy, B. P., & **Sibley, D. S.** (2021). "Your exile is showing": Integrating sandtray with internal family systems therapy. *The American Journal of Family Therapy, 49,* 1, 74-90. https://doi.org/10.1080/01926187.2020.1851617

Springer, P., Turns, B., **Sibley, D. S.**, & Eddy, B. (2021). Removing the mystery in supervision: Engaging in transparent supervision. *International Journal of Systemic Therapy, 32,* 1, 41-57. https://doi.org/10.1080/08975353.2020.1804798

Turns, B., Springer, P. R., & **Sibley, D. S.** (2019). Removing the "mystery" in therapy: Transparency as a continuous intervention in family psychotherapy. *Journal of Family Psychotherapy, 30,* 1, 1-19. https://doi.org/10.1080/08975353.2018.1488127

Turns, B. A., & **Sibley, D. S.** (2018). Does maternal spanking lead to bullying behaviors at school? A longitudinal study. *Journal of Child and Family Studies, 27,* 9, 2824-2832. https://doi.org/10.1007/s10826-018-1129-x

Li, X., *Theisen, A., **Sibley, D. S.**, & Seo, C. (2018). Resourcefulness: Current insights and future directions for family scholars and clinicians. *The Family Journal, 26,* 4, 433-443. https://doi.org/10.1177/1066480718806521

Sibley, D. S., *Schmidt, A. E., & *Kimmes, J. G. (2016). Applying a contextual therapy framework to treat panic disorder: A case study. *Journal of Family Psychotherapy, 24*(4), 299-317. https://doi.org/10.1080/08975353.2015.1097285

*Schmidt, A. E., Green, M. S., **Sibley, D. S.**, & Prouty, A. M. (2016). Effects of parental infidelity on adult children's relational ethics with their partners: A contextual perspective. *Journal of Couple and Relationship Therapy, 15,* 3, 193-212. https://doi.org/10.1080/15332691.2014.998848

Vennum, A., Hardy, N., **Sibley, D. S.**, & Fincham, F. D. (2015). Dedication and sliding in emerging adult cyclical and non-cyclical romantic relationships. *Family Relations, 64,* 3, 407-419. https://doi.org/10.1111/fare.12126

Sibley, D. S., Springer, P. R., Vennum, A., & Hollist, C. S. (2015). An exploration of the construction of commitment leading to marriage. *Marriage & Family Review, 51,* 2, 183-203. https://doi.org/10.1080/01494929.2015.1031424

Sibley, D. S., Kimmes, J. G., & Schmidt, A. E. (2015). Generating new stories of commitment in couple relationships by utilizing the sliding versus deciding framework. *Journal of Family Psychotherapy*, *26*(1), 68-73. https://doi.org/10.1080/08975353.2015.1002746

Hafen, M., Drake, A., Rush, B. R., & **Sibley, D. S.** (2015). Engaging students: Utilizing video clips of authentic client interactions in pre-clinical veterinary medicine education. *Journal of Veterinary Medical Education*. *42*(3), 252-258. https://doi.org/10.3138/jvme.0614-059R1

Published Books

Schmidt, A. E., & **Sibley, D. S.** (2019). *Contextual therapy for family health: Clinical applications*. New York, NY: Routledge.

Book Reviews

Book reviews published in the *Journal of Marital and Family Therapy* (top journal in the field of marriage and family therapy).

Sibley, D. S. & Turns, B. (2021). Lebow, J. L. (2019). Treating the difficult divorce: A practical guide for psychotherapists. Washington, D.C.: American Psychological Association, 325 pp., $59.99. *Journal of Marital and Family Therapy. 47,* 3, 803-804. https://doi.org/10.1111/jmft.12458

Sibley, D. S. (2018). Whiting, J. B. (2016). Love me true: Overcoming the surprising ways we deceive in relationships. Springville, UT: Plain Sight Publishing, 164 pp., $14.99. *Journal of Marital and Family Therapy, 44,* 2, 369-371. https://doi.org/10.1111/jmft.12322

Manuscripts Under Review

*Van Alfen, M., Whiting, J. B., **Sibley, D. S.**, Banford Witting, A. (revised and resubmitted). Chutes and ladders: A grounded theory analysis of commitment and betrayal in intimate relationships. *Journal of Marital and Family Therapy*.

Public Scholarship and Research Based Outreach

*Denotes Student Collaborator

Over 110 research-based blog posts written, edited, and mentored on DecideToCommit.com (2017–2026), including extensive collaboration with undergraduate and graduate students.

Sibley, D. S. & *Garcia, B. (in press for September 2026). Why commitment still matters in the age of ai companions. [Blog post]. *Institute for Family Studies*.

*DeHart, L. **& Sibley, D. S.** (2026, August 14th). Finding the person who is commitment worthy. [Blog post]. *Decide to Commit*. Retrieved from: https://decidetocommit.com/finding-the-person-who-is-commitment-worthy

*Garcia, B. **& Sibley, D. S.** (2026, August 1st). Beyond reassurance: How commitment creates relationship security. [Blog post]. *Decide to Commit*. Retrieved from: https://decidetocommit.com/beyond-reassurance-how-commitment-creates-relationship-security/

*Switzer, E. & **Sibley, D. S.** (2026, June 23rd). When love lives in two places: The work of loving across distance. [Blog post]. *Decide to Commit*. Retrieved from: https://decidetocommit.com/when-love-lives-in-two-places-the-work-of-loving-across-distance/

Whiting, J. & **Sibley, D. S.** (2026, June 2nd). Slow to build, fast to break: Insights on commitment and betrayal. [Blog post]. *Institute for Family Studies*. Retrieved from: https://ifstudies.org/blog/slow-to-build-fast-to-break-commitment-and-betrayal

*Williams, M. & **Sibley, D. S.** (2026, March 12th). Rethinking 'the one': How the soulmate script distorts romance. [Blog post]. *Institute for Family Studies*. Retrieved from: https://ifstudies.org/blog/rethinking-the-one-how-the-soulmate-script-distorts-romance

*DeHart, L., **Sibley, D. S.,** & *Bough, R. (2026, February 6th). Sneaky links: The relationship you're not supposed to catch feelings for. [Blog post]. *Decide to Commit*. Retrieved from: https://decidetocommit.com/sneaky-links-the-relationship-youre-not-supposed-to-catch-feelings-for/

*Jenkins, A., **Sibley, D. S.,** & *Garwick, A. (2026, February 6th). Holding on to potential: The quiet pull of fantasy bonds. [Blog post]. *Decide to Commit*. Retrieved from: https://decidetocommit.com/holding-on-to-potential-the-quiet-pull-of-fantasy-bonds/

*Rozalowski, S. & **Sibley, D. S.** (2026, February 4th). Beyond the butterflies: The journey of the honeymoon phase. [Blog post]. *Decide to Commit*. Retrieved from: https://decidetocommit.com/beyond-the-butterflies-the-journey-of-the-honeymoon-phase/

*Rohn, C., **Sibley, D. S.**, & *Shultes, C. (2025, October 5th). Love is a battlefield: Understanding conflict in romantic relationships [Blog post]. *Decide to Commit*. Retrieved from: https://decidetocommit.com/love-is-a-battlefield-understanding-conflict-in-romantic-relationships/

*Rozalowski, S., *Saddler, J., & **Sibley, D. S.** (2025, September 12th). The slow burn of resentment: Understanding its roots in romantic relationships. [Blog post]. *Decide to Commit*. Retrieved from: https://decidetocommit.com/the-slow-burn-of-resentment-understanding-its-roots-in-romantic-relationships/

*DeHart, L. & **Sibley, D. S.** (2025, July 31st). Love Is a language: Rethinking the 5 Love Languages with new research. [Blog post]. *Decide to Commit*. Retrieved from: https://decidetocommit.com/love-is-a-language-rethinking-the-5-love-languages-with-new-research/

Sibley, D. S. (2024, November 13th). 'Just talking' delays commitment in romantic relationships. [Blog post]. *Institute for Family Studies*. Retrieved from: https://ifstudies.org/blog/just-talking-delays-commitment-in-romantic-relationships-

Sibley, D. S. (2024, August 13th). What ever happened to dating? The rise of 'just talking' relationships. [Blog post]. *Institute for Family Studies*. Retrieved from: https://ifstudies.org/blog/what-ever-happened-to-dating-the-rise-of-just-talking-relationships

*Lopez, J. & **Sibley, D. S.** (2024, August 14th). The benefits of premarital counseling and relationship education. [Blog post]. *Decide to Commit.* Retrieved from: https://decidetocommit.com/the-benefits-of-premarital-counseling-and-relationship-education/

Sibley, D. S. & *Pimentel, C. (2023, August 10th). Turning away from connection: The impact of Pornography. [Blog post]. *Decide to Commit.* Retrieved from: https://decidetocommit.com/turning-away-from-connection-the-impact-of-pornography/

Sibley, D. S., *Perry, L., *Jajko, B. (2021, March 23rd). Are you staying in your relationship for your partner's sake? [Blog post]. *Decide to Commit.* Retrieved from: https://decidetocommit.com/are-you-staying-in-your-relationship-for-your-partners-sake/

Sibley, D. S. & *Granger, K. (2019, July 15th). How fathers influence their daughters' romantic relationships. [Blog post]. *Institute for Family Studies*. Retrieved from: https://ifstudies.org/blog/how-fathers-influence-their-daughters-romantic-relationships

Sibley, D. S. (2018, September 20th). When grandparents divorce, everyone hurts. [Blog post]. *Institute for Family Studies*. Retrieved from: https://ifstudies.org/blog/when-grandparents-divorce-everyone-hurts

Sibley, D. S. (2018, July 18th). Seeking and finding fairness in couple and family relationships. [Blog post]. *Institute for Family Studies*. Retrieved from: https://ifstudies.org/blog/seeking-and-finding-fairness-in-couple-and-family-relationships

Sibley, D. S. (2018, March 20th). Resilient commitment: Overcoming the intergenerational effects of parental divorce. [Blog post]. *Institute for Family Studies*. Retrieved from: https://ifstudies.org/blog/resilient-commitment-overcoming-the-intergenerational-effects-of-parental-divorce

Sibley, D. S. (2018, January 4th). Communicating key truths about marriage and family in the university classroom. [Blog post]. *Institute for Family Studies*. Retrieved from: https://ifstudies.org/blog/communicating-key-truths-about-marriage-and-family-in-the-university-classroom

Sibley, D. S. (2017, October 29th). Excitement and preparation for the SSEA 2017 Conference in Washington, D.C. [Blog post]. *Decide to Commit.* Retrieved from: https://decidetocommit.com/excitement-and-preparation-for-the-ssea-2017-conference-in-washington-d-c/

Sibley, D. S. (2017, July 31st). Are you a strong link in your relationships? [Blog post]. *Decide to Commit.* Retrieved from: https://decidetocommit.com/are-you-a-strong-link-in-your-relationships

Sibley, D. S. (2017, June 17th). Choose your love, love your choice. [Blog post]. *Decide to Commit.* Retrieved from: https://decidetocommit.com/choose-your-love-love-your-choice

Schmidt, A. E., **Sibley, D. S.**, & Dorman, C. (2016, November 29th). Fair winds and squalls: The health impact of family legacies across the lifespan. [Blog post]. *Collaborative Family Health Care Association*. Retrieved from: http://www.cfha.net/blogpost/753286/263378/Fair-Winds-and-Squalls-The-Health-Impact-of-Family-Legacies-Across-the-Lifespan

Media Appearances

Sibley, D. S. (2025, July 27th). Americans have dating app burnout. Let's start setting up our friends. [Website Interview]. *Business Insider*. Retrieved from: https://www.businessinsider.com/dating-app-fatigue-setting-up-friends-2025-7

Sibley, D. S. (2025, June 16th). Dating is out, 'just talking' is in—and no one knows what that means. [Website Interview]. *Vice*. Retrieved from: https://www.vice.com/en/article/dating-is-out-just-talking-is-in-and-no-one-knows-what-that-means/

In 2025 on *Forbes* and *Psychology Today* Dr. Mark Travers published two articles featuring my research:

- Travers, M. (2025, March 28th). Why couples spend so long in the 'talking stage' — By A Psychologist. [Website article]. *Forbes*. Retrieved from: https://www.forbes.com/sites/traversmark/2025/03/28/why-couples-spend-so-long-in-the-talking-stage---by-a-psychologist/
- Travers, M. (2025, May 6th). The difference between dating and "talking." [Blog post]. *Psychology Today*. Retrieved from: https://www.psychologytoday.com/us/blog/social-instincts/202505/the-talking-stage-of-relationships-explained

Sibley, D. S. (2024, November 23rd). Boomers and Gen Xers enter their gray divorce era, and thanksgiving won't be the same. [Newspaper interview]. *The Wall Street Journal*. Retrieved from: https://www.wsj.com/lifestyle/relationships/thanksgiving-divorced-parents-adult-children-d97ccd40?st=zFsfQp&reflink=desktopwebshare_permalink

Sibley, D. S. (2023, December 7th). Navigating holiday stress in couple and family Relationships. [Television interview]. *First At 4 on WIFR CBS Rockford*. Retrieved from: https://www.wifr.com/2023/12/07/navigating-relationships-during-holiday-season/

Sibley, D. S. (2023, July 18th). Is America giving up on marriage? Divorce's impact (and how to stay together) [Radio interview]. *Faith Works Live with Rebekah Hayne on HOPE 940 AM KPSZ*. Retrieved from: https://www.spreaker.com/user/16173430/230725-fwl-56min-mx

Sibley, D. S. (2020, May 23rd). How to approach transitioning back to everyday life after the pandemic. [Television interview]. *Good Day Chicago on FOX 32*. Retrieved from: https://www.fox32chicago.com/video/687322

Sibley, D. S. (2020, May 14th). Dealing with the stress of staying home starts with self-care & accountability. [Radio interview]. *WNIJ Northern Public Radio*. Retrieved from: https://www.northernpublicradio.org/post/dealing-stress-staying-home-starts-self-care-accountability

Sibley, D. S., Monk, K., Torgerson, C., & Gimarc, C. (2020, May 7th). Managing relationships during COVID-19. Relevate Scholar Ship Podcast. Retrieved from: https://www.youtube.com/watch?v=vy8Zwt62BXs

Sibley, D. S. (2020, May 6th). Focusing on mental health amid a pandemic. [Television interview]. *23 WIFR CBS Rockford*. Retrieved from: https://www.wifr.com/content/news/Focusing-on-mental-health-amid-a-pandemic-570255361.html

Sibley, D. S. (2020, April 30th). How to keep relationships solid during stay-at-home order. [Radio interview]. *WBBM News Radio Chicago*.

Sibley D. S. (2020, April 24th). Maintaining intimacy and handling conflict during quarantine. [Television interview]. *Good Day Chicago on FOX 32*. Retrieved from: https://www.fox32chicago.com/video/677510

Sibley, D. S. (2020, January 31st). Fifth submission with Dr. D. Scott Sibley. [Podcast interview]. *Revise and Resubmit Podcast.* Retrieved from: https://revisepodcast.podbean.com/e/fifth-submission-with-dr-d-scott-sibley/

Sibley, D. S. (2019, May 7th). The endless breakup. Interview by Lisa A. Phillips. *Psychology Today*, *May 2019*. Retrieved from: https://www.psychologytoday.com/us/articles/201905/the-endless-breakup

Sibley, D. S. (2018, February 14th). Upset your partner didn't make Valentine's Day plans? Here's how to handle it. Interview by Christen A. Johnson. *Chicago Tribune*. Retrieved from: https://www.chicagotribune.com/lifestyles/sc-fam-social-graces-valentines-day-no-gift-from-partner-0214-story.html

Sibley, D. S. (2018, December 21st). Goodbye, braces? Invisalign, Smile Direct Club lead teeth-straightening boom. Interview by Nathan Bomey. *USA Today*. Retrieved from: https://www.usatoday.com/story/money/2018/12/21/invisalign-smile-direct-club-braces-teeth-aligners/2378959002/

Peer-Reviewed Conference Presentations & Student Collaborations

*Denotes Student Collaborator +Denotes International Conference

Includes over 82 undergraduate and graduate student collaborators across national and international conferences (IARR, SSEA, NCFR, ILCFR, CURE, etc.), demonstrating sustained mentorship and high-impact engaged learning.

+**Sibley, D. S.**, *Bough, R., *Jenkins, A., *Paluzzi, O., & *Williams, M. (2026, July). *A pathway to commitment: Exploring the steps and stages preceding commitment and marriage*. Paper presented at the International Association for Relationship Research 2026 Main Conference, Glasgow, Scotland.

+*Bough, R., *Jenkins, A., *Williams, M., *Paluzzi, O., & **Sibley, D. S.**, (2026, July). *"Maybe someday I'll get married": Exploring emerging adult beliefs about commitment & marriage postponement.* Paper presented at the International Association for Relationship Research 2026 Main Conference, Glasgow, Scotland.

+*Williams, M., *Bough, R., *Jenkins, A. *Paluzzi, O., & **Sibley, D. S.** (2026, July). *An exploration of parental divorce and separation on emerging adult romantic relationships*. Poster presented at the International Association for Relationship Research 2026 Main Conference, Glasgow, Scotland.

*Jenkins, A., *Switzer, E., Paluzzi, O., *Baskins, S., & **Sibley, D. S.** (2026, April). *Between desire and delay: Emerging adult views on commitment and marriage postponement.* Poster presented at the annual Conference on Undergraduate Research and Engagement, Northern Illinois University, DeKalb, IL.

*Garcia, B. O., *Garcia, B., *Bough, R., & **Sibley, D. S.** (2026, April). *How couples decide today: nine years of modern love and commitment insights from DecideToCommit.com*. Poster presented at the annual Conference on Undergraduate Research and Engagement, Northern Illinois University, DeKalb, IL.

*Williams, M., *Paluzzi, O., *Rozalowski, S., Brito, J., & **Sibley, D. S.** (2026, April). *Mapping modern relationships: Emerging adult pathways to commitment and marriage readiness*. Poster presented at the annual Conference on Undergraduate Research and Engagement, Northern Illinois University, DeKalb, IL.

Sibley, D. S., *Garcia, B. O., *Garcia, B., *Keceli, P., *Saddler, J., *Baskins, S. *Paluzzi, O., & *Williams, M. (2026, April). *How couples decide today: nine years of modern love and commitment insights from DecideToCommit.com*. Workshop presented at the annual conference of the Illinois Council on Family Relations, NIU Naperville Conference Center, Naperville, IL.

*Jenkins, A., *Switzer, E., *Baskins, S., & **Sibley, D. S.** (2026, April). *Between desire and delay: Emerging adult views on commitment and marriage postponement.* Poster presented at the annual conference of the Illinois Council on Family Relations, NIU Naperville Conference Center, Naperville, IL. **Outstanding Student Poster Award Winner**.

*Williams, M., *Paluzzi, O., *Rozalowski, S., & **Sibley, D. S.** (2026, April). *Mapping modern relationships: Emerging adult pathways to commitment and marriage readiness*. Poster presented at the annual conference of the Illinois Council on Family Relations, NIU Naperville Conference Center, Naperville, IL. **Outstanding Student Poster Award Winner**.

+Sibley, D. S. (2026, March). *Contextual therapy: A unique clinical framework for intervening with adolescents and emerging adults*. Workshop presented at the 2026 International Family Therapy Association Congress, Bergen, Norway.

Sibley, D. S., *Celler, N., *DeHart, L., *Rohn, C., & *Rozalowski, S. (2025, November). *An exploration of parental divorce and separation on emerging adult romantic relationships*. Question poster presented at the 2025 Theory Construction and Research Methodology (TCRM) Workshop at the annual conference of the National Council on Family Relations, Baltimore, Maryland.

*Van Alfen, M., Whiting, J. *Fife, A. *Chadwick, M., **Sibley, D. S.**, & Banford Witting, A. (2025, November). *Commitment and betrayal in intimate relationships: A grounded theory analysis*. Poster presented at the annual conference of the National Council on Family Relations, Baltimore, MD.

*DeHart, L., *Abbinante, J., & **Sibley, D. S.** (2025, June). *A pathway to commitment: Exploring the steps and stages preceding commitment and marriage*. Paper presented at SSEA 2025, The 12th Conference on Emerging Adulthood, Charleston, South Carolina.

*DeHart, L., *Abbinante, J., **Sibley, D. S.** (2025, June). *Where have all the good dates gone? Emerging adults beliefs and perceptions of 'just talking' in romantic relationships*. Poster presented at SSEA 2025, The 12th Conference on Emerging Adulthood, Charleston, South Carolina.

Sibley, D. S., *Abbinante, J., & *DeHart, L. (2025, June). *"Maybe someday I'll get married": Exploring emerging adult beliefs about commitment and couple relationships and marriage postponement.* Paper presented at SSEA 2025, The 12th Conference on Emerging Adulthood, Charleston, South Carolina.

*Keceli, P., *Saddler, J. *Chears, K., *Abbinante, J., & **Sibley, D. S.** (2025, April). *A pathway to commitment: Exploring the steps and stages preceding commitment and marriage*. Round table presented at the annual Conference on Undergraduate Research and Engagement, Northern Illinois University, DeKalb, IL. 2nd Place Award for CURE 2025

*DeHart, L., *Abbinante, J., & **Sibley, D. S.** (2025, April). *A pathway to commitment: Exploring the steps and stages preceding commitment and marriage*. Paper presented at the annual conference of the Illinois Council on Family Relations, Northern Illinois University, DeKalb, IL.

Sibley, D. S., *Chears, K., & *Rohn, C. (2025, April). *Investigating deciding factors of commitment through the transition of marriage: A qualitative inquiry*. Paper presented at the annual conference of the Illinois Council on Family Relations, Northern Illinois University, DeKalb, IL.

*Keska, M., *Reyes, B., & **Sibley, D. S.** (2025, April). *"Maybe someday I'll get married": Exploring emerging adult beliefs about commitment and couple relationship and marriage postponement.* Poster presented at the annual conference of the Illinois Council on Family Relations, Northern Illinois University, DeKalb, IL.

+**Sibley, D. S.** *Keceli, P., *Saddler, J., & (2024, July). *Romantic relationship formation continuum: An exploration of steps and stages leading to a committed relationship*. Poster presented at the International Association for Relationship Research 2024 Main Conference, Boston, MA.

+**Sibley, D. S.,** Vennum, A., *Keceli, P., *Saddler, J., & (2024, July). *Proceed with caution: How emerging adults are testing the water in just talking romantic relationships*. Paper presented at the International Association for Relationship Research 2024 Main Conference, Boston, MA.

*Elliott, A., *Lopez, L., *Hawes, S., & **Sibley, D. S.** (2024, April). *Resilient commitment: A theory for understanding the development of commitment in emerging adults*. Poster presented at the annual Conference on Undergraduate Research and Engagement, Northern Illinois University, DeKalb, IL.

*Chears, K., *Boccia, B., *Shultes, C., & **Sibley, D. S.** (2024, April). *Romantic relationship formation continuum: An exploration of steps and stages leading to a committed relationship*. Poster presented at the annual Conference on Undergraduate Research and Engagement, Northern Illinois University, DeKalb, IL.

*Keceli, P., *Saddler, J., & **Sibley, D. S.** (2024, April). *Proceed with caution: How emerging adults are testing the water in just talking romantic relationships*. Poster presented at the annual Conference on Undergraduate Research and Engagement, Northern Illinois University, DeKalb, IL.

Sibley, D. S., *Elliott, A., *Lopez, L., & *Hawes, S. (2024, April). *Healing from divorce: A resilient and intergenerational framework*. Workshop presented at the annual conference of the Illinois Council on Family Relations, Northern Illinois University, DeKalb, IL.

*Boccia, B., *Chears, K., *Shultes, C., & **Sibley, D. S.** (2024, April). *Romantic relationship formation continuum: An exploration of steps and stages leading to a committed relationship*. Poster presented at the annual conference of the Illinois Council on Family Relations, Northern Illinois University, DeKalb, IL.

*Keceli, P., *Saddler, J., & **Sibley, D. S.** (2024, April). *Proceed with caution: How emerging adults are testing the water in just talking romantic relationships*. Paper presented at the annual conference of the Illinois Council on Family Relations, Northern Illinois University, DeKalb, IL.

Sibley, D. S., Vennum. A., & Hartenstein, J. (2023, November). *Constructing a theory of resilient commitment*. Paper presented at the 2023 Theory Construction and Research Methodology (TCRM) Workshop at the annual conference of the National Council on Family Relations, Orlando, Florida.

Sibley, D. S., *Terry, B., & *Lopez, J., (2023, June). *Romantic relationship formation continuum: An exploration of steps and stages leading to a committed relationship*. Paper presented at SSEA 2023, The 11th Conference on Emerging Adulthood, San Diego, California.

Sibley, D. S., Vennum. A., *Lipira, S., *Terry, B., *Lopez, J., & *Smail, K. (2023, June). *"We're just talking": Constructing a recent trend in emerging adult romantic relationship development*. Paper presented at SSEA 2023, The 11th Conference on Emerging Adulthood, San Diego, California.

Sibley, D. S. (2023, May). *Contextual therapy: A unique clinical framework for intervening with adolescents and emerging adults*. Workshop presented at the 2023 International Conference on Contextual Therapy, Long Beach, California.

*Terry, B. *Lopez, J, *Aguilar, N., & **Sibley, D. S.** (2023, April). *"Maybe someday I'll get married": Exploring emerging adult beliefs about commitment in couple relationships and marriage postponement*. Poster presented at the annual Conference on Undergraduate Research and Engagement, Northern Illinois University, DeKalb, IL.

*Smail, K. *Boccia, B, *Saddler, J., & **Sibley, D. S.** (2023, April). *What ever happened to dating? Exploring the recent trend of just talking in romantic relationship formation*. Poster presentation at the annual Conference on Undergraduate Research and Engagement, Northern Illinois University, DeKalb, IL.

Sibley, D. S., *Terry, B. (2023, March). Healing from divorce: A resilient and intergenerational framework. Paper accepted for the at the annual conference of the Illinois Council on Family Relations, but the presentation was cancelled due to severe weather that day, Eastern Illinois University, Charleston, IL.

Sibley, D. S., *Lipira, S., *Terry, B., *Lopez, J., & *Smail, K. (2023**,** March). *Constructing Just Talking as a Recent Trend in Emerging Adult Romantic Relationship Development*. Paper presentation at the annual conference of the Illinois Council on Family Relations, Eastern Illinois University, Charleston, IL.

Sibley D. S., *Terry, B., & *Moss, A., (2022, November). *Romantic relationship formation continuum: An exploration of the pathway to a committed relationship*. Poster presentation at the annual conference of the National Council on Family Relations, Minneapolis, MN.

Sibley D. S., *Moss, A., & *Terry, B., (2022, March). *Romantic relationship formation continuum: An exploration of the pathway to a committed relationship*. Virtual paper presented at the annual Illinois Council on Family Relations Conference, Northern Illinois University, DeKalb, IL.

*Coreas, D. *Gomez, G, *Kalinsky, M., *Perry, L., *Rice, L., & **Sibley, D. S.** (2021, April). *Romantic relationship formation continuum: An exploration of pathways to a committed relationship*. Virtual poster presented at the annual Conference on Undergraduate Research and Engagement, Northern Illinois University, DeKalb, IL.

*Evans, R. *Giever, K., & **Sibley D. S.** (2020, April). *Romantic relationship formation continuum: An exploration of the pathway to a committed relationship*. Virtual poster presented at the annual Undergraduate Research and Artistry Day, Northern Illinois University, DeKalb, IL.

Sibley, D. S. (2020, April). *Healing from divorce: A resilient and intergenerational framework.* Workshop accepted for presentation at the annual conference of the Illinois Council on Family Relations, Northern Illinois University, DeKalb, IL. Canceled Due to COVID-19.

Sibley, D. S., *Hayes, S., *McCants, K. (2019, November). *What ever happened to dating? Exploring the recent trend of just talking in emerging adult romantic relationship formation*. Poster presented at the annual conference of the National Council on Family Relations, Fort Worth, TX.

*Granger, K. & **Sibley, D. S.** (2019, November). The *influence of father involvement on emerging adult daughters' romantic relationships.* Paper presentation at the annual conference of the National Council on Family Relations, Fort Worth, TX.

+*McAllister, P., *Astle, S., **Sibley, D. S.,** Goodcase, E. Vennum, A., & *Washburn-Busk, M. (2019, October). *Expanding the meaning of "impact": Making space for public scholarship in promotion & tenure* Panel presentation at SSEA 2019, The 9th Conference on Emerging Adulthood, Toronto, Canada.

Sibley, D. S., *Oliveras, M., & *Niklas-Robey, S. (2019, April). *A resilient perspective on the intergenerational transmission of divorce*. Workshop presentation at the annual conference of the Illinois Council on Family Relations, Eastern Illinois University, Charleston, IL.

*Granger, K. & **Sibley, D. S.** (2019, April). The *influence of father involvement on emerging adult daughters' romantic relationships.* Paper presentation at the annual conference of the Illinois Council on Family Relations, Eastern Illinois University, Charleston, IL.

*Hayes, S., *Jajko, B., *Treptow, A. & *Zimmerman, B., & **Sibley, D. S.** (2019, April). *What ever happened to dating? Exploring the recent trend of just talking in romantic relationship formation*. Paper presentation at the annual conference of the Illinois Council on Family Relations, Eastern Illinois University, Charleston, IL.

*McCants, K., *Coleman, B., *Sims, G., & **Sibley, D. S.** (2019, April). *"Maybe someday I'll get married": Exploring emerging adult beliefs about commitment in couple relationships and marriage postponement.* Poster at the annual conference of the Illinois Council on Family Relations, Eastern Illinois University, Charleston, IL.

*Oliveras, M. *Niklas-Robey, S., *Sims, G., & **Sibley D. S.** (2019, April). *The construction of commitment during emerging adulthood*. Poster presentation at the annual Undergraduate Research and Artistry Day, Northern Illinois University, DeKalb, IL.

*Jajko, B., *McCants, K., *Hayes, S. *Coleman, B., & **Sibley D. S.** (2019, April). *What ever happened to dating? Exploring the recent trend of just talking in romantic relationship formation*. Poster presentation at the annual Undergraduate Research and Artistry Day, Northern Illinois University, DeKalb, IL.

Sibley, D. S. (2018, November). *Contextual therapy: A unique clinical framework for intervening with adolescents and emerging adults.* Roundtable presented at the annual conference of the National Council on Family Relations, San Diego, CA.

Sibley, D. S. (2018, November). "*What's the rush? Exploring emerging adult beliefs about commitment in couple relationships and marriage postponement.* Poster presented at the annual conference of the National Council on Family Relations, San Diego, CA.

*Goodwin, K., *Nitzki, H., & **Sibley, D. S.** (2018, August). *Exploring the theory of resilient commitment in emerging adulthood: A qualitative inquiry.* Research presentation at the annual Summer Research Symposium, Northern Illinois University, DeKalb, IL.

Sibley, D. S., *Kahovec, A., *Kohlstedt, K., *Lupo, T., *Schraufnagel, H., & *Stoffel, H., (2018, April). *Exploring the theory of resilient commitment in emerging adulthood: A qualitative inquiry.* Paper presentation at the annual conference of the Illinois Council on Family Relations, Heartland Community College, Normal, IL.

*Brucki, J., *Goodwin, K., *Hill, L., *McCants, K., *Slivinski, L., & **Sibley, D. S.** (2018, April). *We're just talking": Constructing a new trend in emerging adulthood romantic relationship formation.* Poster presentation at the annual Undergraduate Research and Artistry Day, Northern Illinois University, DeKalb, IL.

*Kahovec, A., *Kohlstedt, K., *Ochoa, C., *Hunter, J., *Hayes, S., & **Sibley, D. S.** (2018, April). *What's the rush? Exploring emerging adult beliefs about commitment in couple relationships and marriage postponement.* Poster presentation at the annual Undergraduate Research and Artistry Day, Northern Illinois University, DeKalb, IL.

Sibley, D. S. & Turns, B. (2017). *Generating new stories of commitment: Sliding versus deciding*. Roundtable accepted for presentation at the annual conference of the National Council on Family Relations, Orlando, FL.

Sibley, D. S., *Kahovec, A., *Schraufnagel, H., *Stoffel, H. (2017, November). *"The game's rigged": Exploring gender differences during emerging adulthood in just talking romantic relationships.* Paper presented at SSEA 2017, The 8th Conference on Emerging Adulthood, Washington, D.C.

Sibley, D. S., *Kahovec, A., *Schraufnagel, H., *Stoffel, H. (2017, November). *Proceed with caution: How emerging adults are testing the water in just talking romantic relationships.* Paper presented at SSEA 2017, The 8th Conference on Emerging Adulthood, Washington, D.C.

*Brucki, J., *Granger, K., *Thomas, J. **Sibley, D. S.** (2017, August). *"The game's rigged": Exploring gender differences during emerging adulthood in just talking romantic relationships.* Research presentation at the annual Summer Research Symposium, Northern Illinois University, DeKalb, IL.

*Kahovec, A., *Kohlstedt, K., *Lupo, T., *Ochoa, C., *Roark, J., & **Sibley, D. S.** (2017, April). *Proceed with caution: How emerging adults are testing the water in just talking romantic relationships.* Poster presentation at the annual Undergraduate Research and Artistry Day, Northern Illinois University, DeKalb, IL.

Sibley, D. S., *Kahovec, A., *Kohlstedt, K., *Potempa, R. *Roark, J. *Rosiles, R., & *Schraufnagel, H. (2017, April). *Proceed with caution: How emerging adults are testing the water in just talking romantic relationships.* Paper presentation at the annual conference of the Illinois Council on Family Relations, Illinois State University, Normal, IL.

Schmidt, A. E., Dorman, C., Davis, A., **Sibley, D. S.**, (2016, October). *Fair winds and squalls: The health impact of family legacies across the lifespan*. Panel presentation at the 2016 Collaborative Family Healthcare Association's Annual Conference, Charlotte, NC.

*Potempa, R. G., **Sibley D. S.,** & Vennum, A. (2016, September). *The construction of commitment during emerging adulthood*. Formal research presentation at the 2016 American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.

*McMillan, B., **Sibley, D. S.,** Springer, P. R., & Vennum, A. (2016, September). *Investigating deciding factors of commitment leading to marriage*. Formal research presentation at the 2016 American Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.

*Potempa, R. G. *Miguel, Y., *Ochoa, C., *Pease, J., *Rosiles, R., *Stoffel, H., *Turuc R., & **Sibley, D. S.** (2016, August). *The impact of just talking on romantic relationship formation during emerging adulthood.* Research presentation at the annual Summer Research Symposium, Northern Illinois University, DeKalb, IL.

*Busk P., *Knapp, D., *Mallory A., *Brown, C., *Busk, M., & **Sibley, D. S.** (2015, November). *Technology's role in emerging adult romantic relationship formation*. Poster presented at the annual conference of the National Council on Family Relations, Vancouver, Canada.

Sibley, D. S., *Knapp, D., *Brown, C., *Mallory, A., *Busk, P., *Kimmes, J., *Busk, M., & Vennum, A. (2015, October). *"We're just talking": Constructing a new trend in emerging adulthood romantic relationship formation*. Paper presented at SSEA 2015, The 7th Conference on Emerging Adulthood, Miami, FL.

*Schmidt, A. E., & **Sibley, D. S.** (2015, September). *A contextual therapy framework for family health.* Conference session presented at the 2015 American Association for Marriage and Family Therapy Annual Conference, Austin, TX.

*Schmidt, A. E., Green, M. S, Prouty, A. M., & **Sibley, D. S.** (2015, February). *Parental infidelity and adult children's relationships.* Poster accepted for presentation at the annual conference of the Texas Association for Marriage and Family Therapy, Austin, TX.

Sibley, D. S., Springer, P. R, Vennum, A.V., Hollist, C.S. (2014, November). *An exploration of a construction of commitment leading to marriage.* Paper presented at the annual conference of the National Council on Family Relations, Baltimore, MD.

Schmidt, A. E., & **Sibley, D. S.** (2014, November). *It's not fair: Using contextual therapy with families facing health issues.* Roundtable accepted for presentation at the annual conference of the National Council on Family Relations, Baltimore, MD.

Sibley, D. S., Springer, P. R, Vennum, A.V., & Hollist, C.S. (2014, October). *An exploration of a construction of commitment leading to marriage in young adult couples*. Poster presented at the annual conference of the American Association for Marriage and Family Therapy, Milwaukee, WI.

Sibley, D. S., Hartenstein J., *Huff, E., *Mohney, A., *Crosson, J., *McMillan, B., *Hermes, H. (2014, March). *Commitment in romantic relationships: Developing the resilient commitment scale.* Research poster presented at the annual K-State Research Forum, Kansas State University, Manhattan, KS.

*Hardy, N. R., Anderson, J. R., Johnson, M. D., **Sibley, D. S.**, *Luu, S., Wilcox, A., (2013, November). *Neuroticism, distress, and dietary adherence among couples with diabetes.* Paper presented at the annual conference of the National Council on Family Relations, San Antonio, TX.

Miller, B., Springer, P., **Sibley, D. S.,** Davis, E., & Neuhaus, V. (2012, September). *Ethics in Action.* Workshop presented at the annual conference of the American Association for Marriage and Family Therapy, Charlotte, NC.

Sibley, D. S. & Springer, P. (2010, November). *An exploration of the construction of commitment leading to marriage.* Research poster presented at the annual Student Research Conference of the College of Education and Human Sciences, University of Nebraska-Lincoln. Lincoln, NE.

Invited Workshops & Presentations

Sibley, D. S. (2026, March). *How intentional decision-making in relationships can foster and maintain healthy connections*. Presentation in HDFS 174 – Happiness in Life and Relationships. Northern Illinois University, DeKalb, IL.

Sibley, D. S. (2025, November). *Exploring commitment and recent trends in romantic relationship literacy*. Presentation at the Center for Interdisciplinary Study of Language and Literacy Fall Show and Share. Northern Illinois University, DeKalb, IL. Retrieved from: https://www.youtube.com/watch?v=H8cG8EeHwVk

Sibley, D. S. (2025, October). *How intentional decision-making in relationships can foster and maintain healthy connections*. Presentation in HDFS 174 – Happiness in Life and Relationships. Northern Illinois University, DeKalb, IL.

Sibley, D. S. (2025, March). *Intentional decision-making in relationships and we're just talking*. Presentation in FACS 450 – Happiness in Life and Relationships. Northern Illinois University, DeKalb, IL.

Sibley, D. S. (2025, March) *Strengthening marriage workshop*. Workshop presented at The Church of Jesus Christ of Latter-day Saints, Rockford Stake Center, Rockford, IL.

Sibley, D. S. (2025, February). *How intentional decision-making in relationships can foster and maintain healthy connections*. Presentation to the NIU Student Psychology Association. Northern Illinois University, DeKalb, IL.

Sibley, D. S. (2024, February). *Exploring commitment and recent trends in romantic relationship Formation*. Presentation to the NIU Chapter of Psi Chi, the International Honor Society for Psychology and the NIU Student Psychology Association. Northern Illinois University, DeKalb, IL.

Sibley, D. S. (2023, November). *Overview of violence and maltreatment in intimate relationships and reporting.* Presentation to the NIU Student Nursing Organization. Northern Illinois University, DeKalb, IL.

Sibley, D. S. (2023, October). *Now you see me, now you don't: ghosting in romantic Relationships*. Presentation to the NIU Chapter of Psi Chi, the International Honor Society for Psychology and the NIU Student Psychology Association. Northern Illinois University, DeKalb, IL.

Sibley, D. S. (2023, August). *Emerging adults and the Child Development and Family Center student experience*. Presentation to the staff at the NIU Child Development and Family Center. Northern Illinois University, DeKalb, IL.

Sibley, D. S. (2023, February). *Exploring commitment and recent trends in romantic relationship formation*. Presentation to the NIU Chapter of Psi Chi, the International Honor Society for Psychology and the NIU Student Psychology Association. Northern Illinois University, DeKalb, IL.

Sibley, D. S. (2021, May). *Marriage relations workshop*. Workshop presented to individuals and couples in the Beloit Ward of The Church of Jesus Christ of Latter-day Saints, Beloit, WI.

Sibley, D. S. (2021, February). *Marriage relations workshop*. Workshop presented via Zoom to couples in the Rockford Illinois Stake of The Church of Jesus Christ of Latter-day Saints.

Sibley, D. S. (2020, May). *Transitions: Ideas on adapting to change.* Webinar presented on Thought Garden for Values Worth Sharing. Retrieved from: https://bit.ly/2XAiZpM

Sibley, D. S. (2018, September). *Beliefs and change: The* Heart of the Matter. Workshop presented at the Stake Relief Society Conference of The Church of Jesus Christ of Latter-day Saints, Rockford Stake Center, Rockford, IL.

Sibley, D. S. (2018, September). *How to use social media professionally*. Panel member for the GSC Professional Development Series at Kansas State University. Skype with students and faculty at Kansas State University, Manhattan, KS.

Sibley, D. S. (2017, November). *The impact of pornography on individuals, couples, and families*. Workshop presented at the Bishop's Welfare Meeting for Rockford Stake of The Church of Jesus Christ of Latter-day Saints, Rockford Stake Center, Rockford, IL.

Sibley, D. S. (2017, July). *Understanding and supporting adolescent mental health*. Workshop for the Young Women's Stake Leaders for the Rockford Stake of The Church of Jesus Christ of Latter-day Saints, Camp Loud Thunder, Illinois City, IL.

Sibley, D. S. (2017, January). *Roll with the waves: The importance of self-care*. Presentation in Dr. Jon Briscoe's MGMT 615 – Managerial Leadership, Northern Illinois University, Hoffman Estates, IL.

Sibley, D. S. (2017, January). *Establishing and maintaining healthy relationships.* Presentation in Dr. Jon Briscoe's MGMT 615 – Managerial Leadership, Northern Illinois University, Hoffman Estates, IL.

Sibley, D. S. (2016, October). *Establishing and maintaining healthy relationships.* Presentation for the Relief Society of the Sycamore Ward in The Church of Jesus Christ of Latter-day Saints, Sycamore, IL.

Sibley, D. S. & Schmidt, A. E. (2016, April). *An introduction to medical family therapy*. Presentation in MFT 872 – Family Therapy, Kansas State University via Skype.

Sibley, D. S. (2015, September). *An introduction to contextual therapy*. Presentation in MFT 910 – Topics in Marriage and Family Therapy, Kansas State University via Skype.

Sibley, D. S. (2015, February). *Roll with the waves: The importance of self-care*. Presentation at the Parkinson's Education Group of the Flint Hills, Meadowlark Hills Retirement Community, Manhattan, KS.

Sibley, D. S. (2014, October). *Analyzing qualitative data using a grounded theory approach.* Presentation in FSHS 902 – Qualitative Research Methods in FSHS, Kansas State University, Manhattan, KS.

Durtschi, J. A. & **Sibley, D. S.** (2014, August). *The transition to parenthood for military couples.* Presentation at Irwin Army Community Hospital, Fort Riley, KS.

Sibley, D. S. (2014, October). *A family perspective on Parkinson's disease*. Presentation at the Parkinson's Education Group of the Flint Hills, Meadowlark Hills Retirement Community, Manhattan, KS.

Manuscripts in Progress

Sibley, D. S., *Celler, N., & *Rozalowski S. (in preparation). A pathway to commitment: Exploring the steps and stages preceding commitment and marriage.

Sibley, D. S., Vennum, A. V, & Springer, P. R., (in preparation). Investigating deciding factors of commitment leading to marriage: A qualitative inquiry.

Sibley, D. S., Vennum, A, & Hartenstein J. (in preparation). The theory of resilient commitment.

Sibley, D. S. & Eddy, B. P. (in preparation). Contextual therapy: A unique clinical framework for intervening with adolescents and emerging adults.

Granger, K., & **Sibley, D. S.** (in preparation). The influence of father involvement on emerging adult daughters' romantic relationships.

Sibley, D. S., Vennum A., Stanley, S. M., (in preparation). Proceed with caution: How emerging adults are testing the water in just talking romantic relationships.

Sibley, D. S., (in preparation). "The game's rigged": Exploring gender differences during emerging adulthood in just talking romantic relationships.

Journal Reviewer

Editorial Board:

2026 – Present *Journal of Couple & Relationship Therapy*

Ad Hoc Reviewer:

- *Australian Journal of Psychology*
- *Contemporary Family Therapy*
- *Emerging Adulthood*
- *Information, Communication, and Society*
- *Journal of Adult Development*
- *Journal of Social and Personal Relationships*
- *Journal of Family Psychotherapy*
- *Journal of Feminist Family Therapy*
- *Marriage & Family Review*

Research Grants & Fellowships

GRANTS RECEIVED FOR RESEARCH

2023 **Sibley, D. S.**, Terry B. Lopez, J., Smail, K. *Romantic relationship formation continuum.* NIU Office of Student Engagement and Experiential Learning, Research, Engagement and Academic Diversity Grant for travel to the SSEA 2023 Conference in San Diego, CA. **$3,531**

2017 Sibley, D. S. *Proceed with caution: How emerging adults are testing the water in just talking romantic relationships.* College of Health and Human Sciences Faculty Grant for 2017. **$2,000**

2014 Sibley, D. S. *Exploring the Theory of Resilient Commitment in Emerging Adulthood: A Qualitative Inquiry*. School of Family, Consumer, and Nutrition Sciences, Robert H. Poresky Award for Dissertation Research. **$1,500**

UNFUNDED RESEARCH GRANTS

2018 **Sibley, D. S.** & Walters, M. *Technoference in Parenting*. Research and Artistry Grant, Northern Illinois University. $15,000

2016 Sibley, D. S. *The NIU Relationship Survey*. Research and Artistry Grant, Northern Illinois University. $15,000

2015 Sibley, D. S. *Exploring how Emerging Adults Conceptualize Romantic Relationship Formation Leading to Marriage*. Research and Artistry Grant, Northern Illinois University. $15,000

RESEARCH EXPEREINCE

Research Projects & Positions

Supervised and Led the Decide To Commit Research Team (undergrad & grad students)
Northern Illinois University, May 2015 – Present

- Led and designed several research projects and offered mentorship to undergraduates
- Conducted weekly research team meetings with undergraduate and graduate students
- Provided a special setting for undergraduate and graduate students to gain experience with academic writing, research scale creation, and data collection
- Designed a blog to allow undergraduate and graduate students an opportunity to write and critique the latest romantic relationship findings on DecideToCommit.com

Co-Principle Investigator on the K-State Relationship Survey
Kansas State University, January 2014 – May 2015

- Designed and implemented a major research study with Dr. Jared Durtschi
- Created a new survey in three waves across each semester to collect longitudinal data
- Provided data and codebooks to faculty and graduate students in marriage and family therapy, family studies, and sociology

Supervised and Led the FSHS Research Team (undergraduate and graduate students)
Kansas State University, May 2013 – May 2015

- Led and designed several research projects and offered mentorship to undergraduates
- Provided a special setting for undergraduate and graduate students to gain experience with academic writing, research scale creation, and data collection

Graduate Research Assistant
Dr. Paul Springer, University of Nebraska-Lincoln, August 2010 – August 2012

- Created a research poster and handout for use at AAMFT 2010
- Documentation for IRB, Literature reviews, survey creation

Graduate Research Assistant
Dr. Douglas Abbott, University of Nebraska-Lincoln, August 2010 – August 2012

- Research Recruitment – Presented a research project to over 2,000 students to recruit potential research participants for a research study
- Literature reviews, Data collection, and Data analysis

Undergraduate Research Assistant
Dr. Harold Miller, Brigham Young University, January 2006 – May 2008

- Literature reviews, Data Collection, Lab technician

STUDENTS MENTORED/RESEARCH SUPERVISED

Doctoral Students – Dissertation Committee

*Dean's Designee

2026	Melissa Morgese*	Invisible Poverty: Structural and Cultural Barriers to Free and Reduced Lunch Population in a Title I District
2025	Jill Caradec	Romantic Relationship Quality, Coparenting, and Parenting: An Actor Partner Interdependence Mediation Model
2018	Christine Putlack*	A Comparative Study of the Effects of a Highly Qualified Transition Specialist on Successful Transition Planning for Individuals with Intellectual or Developmental Disabilities
2016	Nicole Burt	Direct and Interactive Effects of Infant Frustration and Parenting on Toddler Compliance: A Test of Differential

Master's Students – Thesis Committee

*Denotes Thesis Chair; +Denotes Thesis Co-chair

2027	Pelin Keceli*	The Influence of Father Involvement on Emerging Adults Sons and Daughters
2026	Leslye Zariñana	Back Again? The Emotional Cost Of Inconsistent Fatherhood
2025	Megan Van Alfen	Commitment and Betrayal in Intimate Relationships: A Grounded Theory Analysis
2024	Ruchika Jain*	Relationship between Birth Order and Level of Differentiation of Self
2024	Jahleel Sheperd	Exploration of the Influence of Perceived Discrimination and Academic Stress on Dating Satisfaction for College Students of Color
2023	Brooke Fornetti	Does Where You Meet Your Partner Influence Relationship Satisfaction? An Investigation of Online Dating

2022	Giana LaGioia	Parental Smartphone Use and Parent-Child Interactions during the COVID-19 Pandemic
2019	Hillary Schraufnagel*	The impact of parental alcohol abuse on emerging adult romantic relationships
2018	Katie Granger*	The Influence of Father Involvement on Emerging Adult Daughters' Romantic Relationships
2018	Sydney Ray	Relational Ethics and Environmental Concern

Master's Students – Mentored Research on Research Team

*Denotes Graduate Assistant

2026 – Present	Lexi DeHart*	Parental Divorce and Separation DecideToCommit.com
2017 – 2019	Taylor Lupo*	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.
2018	Karissa Kimes	DecideToCommit.com
2016 – 2018	Hillary Schraufnagel	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.
2016 – 2018	Hanna Stoffel*	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.
2017, 2023 – 2024	Stephanie Lipira	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation. DecideToCommit.com *Child Life Internship – Yale New Haven Hospital
2017	Katie Granger	"The Game's Rigged": Exploring Gender Differences during Emerging Adulthood in Just Talking Romantic Relationships. *Graduate School Acceptance – HDFS Ph.D. Program; Iowa State University

2015 – 2017	Ryan Potempa*	Exploring the Theory of Resilient in Emerging Adulthood: A Qualitative Inquiry
2013 – 2015	Paul Busk	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.
2013 – 2015	Allen Mallory	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation. *Graduate School Acceptance – HDFS Ph.D. Program; University of Texas at Austin
2015	Laura Schachtner	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.

Undergraduate Students – Research Rookies Program

2019 – 2020	Rachel Evans	Romantic Relationship Formation Continuum

Undergraduate Students – Mentored Research on Research Team

2026 – Present	Jose Brito	Parental Divorce and Separation DecideToCommit.com
2026 – Present	Justice Liboy	Parental Divorce and Separation DecideToCommit.com
2026 – Present	Blasita Ochoa Garcia	Parental Divorce and Separation DecideToCommit.com
2026 – Present	Rhea Bough	Parental Divorce and Separation DecideToCommit.com
2026 – Present	Adriana Jenkins	Parental Divorce and Separation DecideToCommit.com
2026 – Present	Serenity Baskins	Parental Divorce and Separation DecideToCommit.com
2026 – Present	Emily Switzer	Parental Divorce and Separation Decide to Commit YouTube DecideToCommit.com

2026 – Present	Molly Williams	Parental Divorce and Separation DecideToCommit.com
2026 – Present	Olivia Paluzzi	Parental Divorce and Separation DecideToCommit.com
2026 – Present	Brooklynn Garcia	Parental Divorce and Separation DecideToCommit.com
2025 – 2026	Charlotte Rohn	A Pathway to Commitment DecideToCommit.com
2025 – 2026	Sara Rozalowski	A Pathway to Commitment DecideToCommit.com
2025 – 2026	Natalie Celler	A Pathway to Commitment DecideToCommit.com
2024 – 2025	Lexi DeHart	A Pathway to Commitment DecideToCommit.com *Graduate School Acceptance – MFT Program; Northern Illinois University
2024 – 2025	KaLilah Chears	A Pathway to Commitment DecideToCommit.com *Graduate School Acceptance – MSW Program; Aurora University
2023 – 2025	Pelin Keceli	A Pathway to Commitment DecideToCommit.com *Graduate School Acceptance – MFT Program; Northern Illinois University
2023 – 2025	Jordyn Saddler	A Pathway to Commitment DecideToCommit.com *Graduate School Acceptance – MFT Program; Northern Illinois University
2024 – 2024	Stephanie Hawes	A Pathway to Commitment DecideToCommit.com
2024 – 2024	Lizbeth Lopez	A Pathway to Commitment DecideToCommit.com *Graduate School Acceptance – Clinical Psych Program; Adler University

2023 – 2024	Bella Boccia	A Pathway to Commitment DecideToCommit.com *Graduate School Acceptance – MFT Program; Northern Illinois University
2023	Brian Podkulski	Parental Divorce and Separation DecideToCommit.com
2023	Aleisha Johnson	DecideToCommit.com
2023	Nicole Aguilar	DecideToCommit.com *Graduate School Acceptance – MFT Program; Northern Illinois University
2022 – 2024	Jessica Lopez	Romantic Relationship Formation Continuum *Graduate School Acceptance – MFT Program; Northern Illinois University
2021 – 2024	Breanna Terry	Romantic Relationship Formation Continuum DecideToCommit.com *Graduate School Acceptance – MFT Program; Northern Illinois University
2022 – 2023	Katherine Smail	Romantic Relationship Formation Continuum
2020 – 2021	Katie Giever	Romantic Relationship Formation Continuum
2019 – 2019	Abby LaRocco	DecideToCommit.com *Graduate School Acceptance – MSW Program; Illinois State University
2019	Brigette Jajko	What Ever Happened to Dating? DecideToCommit.com
2019	Samantha Niklas-Robey	The Intergenerational Transmission of Divorce; DecideToCommit.com *Graduate School Acceptance – AHDFS Program; Northern Illinois University
2019	Brianna Zimmerman	What Ever Happened to Dating? DecideToCommit.com
2019	Gabby Sims	"Maybe Someday I'll Get Married",

2018 – 2019	Mark Oliveras	The Intergenerational Transmission of Divorce; DecideToCommit.com *Graduate School Acceptance – MFT Program; Northern Illinois University
2018 – 2019	Brandi Coleman	"Maybe Someday I'll Get Married", DecideToCommit.com *Graduate School Acceptance – Social Work Program; University of Houston
2018 – 2019	Amanda Treptow	What Ever Happened to Dating? DecideToCommit.com *Graduate School Acceptance – MFT Program; Northern Illinois University
2018	Lilydian Tolbert	Exploring the Romantic Relationship Formation Continuum
2018	Heather Nitzki	Exploring the Romantic Relationship Formation Continuum *Graduate School Acceptance – MFT Program; Northern Illinois University
2018 – 2019	Sarah Hayes	Exploring the Romantic Relationship Formation Continuum *Graduate School Acceptance – MFT Program; Kansas State University
2018 – 2019	Keilene McCants	Exploring the Romantic Relationship Formation Continuum
2018	Kelsey Goodwin	Exploring the Romantic Relationship Formation Continuum
2018	Lauren Slivinski	Exploring the Romantic Relationship Formation Continuum *Graduate School Acceptance – MFT Program; Purdue University Northwest
2018	Jamye Hunter	Exploring the Romantic Relationship Formation Continuum *Graduate School Acceptance – MFT Program; Northern Illinois University
2017 – 2018	Laura Hill	Exploring the Romantic Relationship Formation Continuum *Graduate School Acceptance – MFT Program; Northern Illinois University

2017	Rebecca Viereckl	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2017	Edgar Favela	DecideToCommit.com
2017	Jenna Thomas	DecideToCommit.com
2017	Taylor Spooner	DecideToCommit.com *Graduate School Acceptance – Law Program; Northern Illinois University
2017 – 2018	Jessie Brucki	"The game's rigged": Exploring gender differences during emerging adulthood in just talking romantic relationships. *Graduate School Acceptance – MFT Program; Northern Illinois University
2017 – 2019	Taylor Lupo	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2017 – 2018	Jaqui Roark	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – Social Work Program; Aurora University
2017 – 2018	Kelli Kohlstedt	We're Just Talking; DecideToCommit.com *Graduate School Acceptance – MFT Program; Northern Illinois University
2017	Shannon Bowen	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships
2016 – 2018	Hillary Schraufnagel	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University

2016 – 2018	Amie Kahovec	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – Child and Family Studies Program; University of Tennessee
2016 – 2017	Claudia Ochoa	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships
2016 – 2017	Rodolfo Rosiles	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2016 – 2017	Aaron Tse	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2016 – 2017	Morgan Smith	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2016 – 2017	Rachel Turuc	Exploring how Emerging Adult's Conceptualize Romantic Relationship Formation Leading to Marriage *Graduate School Acceptance – MFT Program; Northern Illinois University
2016 – 2018	Hanna Stoffel	Proceed with Caution: How Emerging Adults are Testing the Water in Just Talking Romantic Relationships *Graduate School Acceptance – MFT Program; Northern Illinois University
2016 – 2017	Jasmine Pease	Exploring how Emerging Adult's Conceptualize Romantic Relationship Formation Leading to Marriage *Graduate School Acceptance – Social Work Program; Aurora University

2016	Cindy Nunez	Exploring how Emerging Adult's Conceptualize Romantic Relationship Formation Leading to Marriage
2016	Yesica Miguel	Exploring how Emerging Adult's Conceptualize Romantic Relationship Formation Leading to Marriage
2015 – 2016	Amanda O'Connor	Constructing a Romantic Relationship Formation Continuum during Emerging Adulthood
2015 – 2016	Rachael Martin	Constructing a Romantic Relationship Formation Continuum during Emerging Adulthood *Graduate School Acceptance – MFT Program; Purdue University-Calumet
2015	Michelle Busk	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation. *Graduate School Acceptance – MFT Program; Kansas State University
2014 – 2015	Shannon Conover	K-State Relationship Survey
2014 – 2015	Amber Paxton	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.
2014 – 2015	Karlyn Ruggle	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation. *Graduate School acceptance – Social Work Program; Kansas University
2014 – 2015	Lara Hoss	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation.
2014 – 2015	Riley Hundley	K-State Relationship Survey
2014 – 2015	Kelsey Koblitz	K-State Relationship Survey *Graduate School acceptance – School Psychology Program; Oklahoma State University

2013 – 2015	Aeriel Dodson	K-State Relationship Survey *Graduate School acceptance – Social Work Program; Kansas University
2013 – 2015	Blair McMillian	Exploring the Theory of Resilient in Emerging Adulthood: A Qualitative Inquiry; K-State Relationship Survey *Graduate School Acceptance – MFT Program; University of Nebraska-Lincoln
2013 – 2015	Jordan Crosson	Commitment Formation Scale; K-State Relationship Survey *Graduate School Acceptance – MFT Program; Kansas State University
2013 – 2015	Emily Huff	Deciding Factors of Commitment; K-State Relationship Survey; Commitment Formation Scale *Graduate School Acceptance – Nursing Program; MidAmerica Nazarene University
2013 – 2014	Chelsea Short	K-State Relationship Survey; Deciding Factors of Commitment *Graduate School Acceptance – MFT Program; University of Nebraska-Lincoln
2013 – 2014	Haley Hermes	"We're Just Talking": Constructing a New Trend in Emerging Adulthood Romantic Relationship Formation. *Graduate School Acceptance – MFT Program; University of Nebraska-Lincoln
2013 – 2014	Sarah Smith	Commitment Formation Scale; *Graduate School Acceptance – MFT Program; University of Nebraska-Lincoln
2013 – 2014	Ashley Mohney	Commitment Formation Scale
2013 – 2014	Tori Marshall	Commitment Formation Scale

CLINICAL EXPEREINCE

Marriage and Family Therapy

Licensed Marriage and Family Therapist in the State of Illinois, License # 166.001623
2023 – Present

Licensed Marriage and Family Therapist in the State of Michigan, License #4101006798
2019 – 2023

Licensed Marriage and Family Therapist in the State of Kansas, License #2556,
2014 – 2020

AAMFT Approved Supervisor, May 2016 – Present

AAMFT Clinical Fellow, January 2018 – Present

Marriage and Family Therapist – Private Practice, DeKalb, IL

- November 2015 – Present
- Responsibilities: Provided individual, couple, and family therapy with clients from the community and NIU. Therapy conducted in the NIU Couple and Family Therapy Clinic

Marriage and Family Therapy Intern – K-State Family Center, Manhattan, KS

- August 2012 – May 2015
- Responsibilities: Provided individual, couple, and family therapy with clients from the community and K-State
- Supervisors: Dr. Amber Vennum, Dr. Jared Durtschi

Marriage and Family Therapy Intern – Parkinson's Education & Support Group of the Flint Hills, Meadowlark Hills Retirement Community, Manhattan, KS

- June 2014 – May 2015
- Responsibilities: Designed and implemented a support group for caregivers of patients with Parkinson's disease; provided education on family functioning and coping
- Supervisors: Dr. Amber Vennum, Michelle Haub

Marriage and Family Therapy Intern – Irwin Army Community Hospital, Fort Riley, KS

- February 2013 – August 2014
- Responsibilities: Designed and implemented support groups for military couples about the transition to parenthood and post-partum depression
- Supervisor: Dr. Jared Durtschi

Medical Family Therapy Intern – Department of Family Medicine, Durham Outpatient Center, University of Nebraska Medical Center, Omaha, NE

- August 2011 - August 2012
- Responsibilities: Provided individual, couple, and family therapy; collaborated with health care professionals in the Department of Family Medicine at UNMC's

- Supervisors: Dr. Dave Robinson, Dr. Dan Felix, Dr. Katie Kueny

Marriage and Family Therapy Intern – Family Resource Center, University of Nebraska-Lincoln

- June 2011 - August 2012
- Responsibilities: Provided individual, couple, and family therapy with clients from the community and the Community Corrections Center-Lincoln; parenting classes; distance therapy
- Supervisors: Dr. Richard Bischoff, Dr. Allison Reisbig, Dr. Paul Springer

Clinical Supervision

Faculty Supervisor at the Couple and Family Therapy Clinic at NIU – Jan. 2018 – Present

- Responsibilities: Provided individual group supervision to master's level MFT students; supervised an 8-hour practicum day

Supervisor in Training K-State Family Center, July 2013 – Jan. 2015

- Responsibilities: Provided individual supervision to master's level MFT students; provided evening supervision for a four hour block each week for eighteen months

Additional Training

- Trauma Conference: The Body Keeps the Score – Bessel van der Kolk, M.D. – October 2018
- PREP Approach in Couple Therapy Training – Scott Stanley, Ph.D., Galena Rhoades, Ph.D., Howard Markman, Ph.D., – March 2017
- Nurturing Relational Resilience in Couples and Families: Mastering the Art of Possibilities – Froma Walsh, Ph.D., May 2016

Family Life Education

Certified Family Life Educator, National Council on Family Relations**,** Certificate #1177982

PROFESSIONAL MEMBERSHIP & SERVICE

Professional Leadership

- Website Chair and Member of the Executive Board for the Illinois Council on Family Relations, 2025 – Present
- President for the Illinois Council on Family Relations, 2024 – 2025
- President-Elect and Annual Conference Chair for the Illinois Council on Family Relations, 2023 – 2024
- President-Elect and Annual Conference Chair for the Illinois Council on Family Relations, 2019 – 2020

- Co-Chair of the Romantic Relationships Section with Dr. Brian Willoughby for the Society for the Study of Emerging Adulthood, 2018 – 2020
- Website Chair and Member of the Executive Board for the Illinois Council on Family Relations, 2016 – 2019

Professional Organizations

- International Association for Relationship Research, 2017 – Present
- Illinois Council on Family Relations, 2015 – Present
- Illinois Association for Marriage and Family Therapy, Member, 2015 – Present
- Society for the Study of Emerging Adulthood, Early Career Member, 2014 – Present
- National Council on Family Relations, Member, 2013 – Present
- American Association for Marriage and Family Therapy, Clinical Fellow, 2010 – Present
- Collaborative Family Health Care Association, Member, 2016 – 2018
- American Family Therapy Academy, Student Member, 2014 – 2015
- Kansas Association for Marriage and Family Therapy, Student Member, 2012 – 2015
- Nebraska Association for Marriage and Family Therapy, Student Member, 2010 – 2012

Professional Conference Reviewer

- Illinois Council on Family Relations 2025 Annual Conference
- Illinois Council on Family Relations 2024 Annual Conference
- Illinois Council on Family Relations 2023 Annual Conference
- Illinois Council on Family Relations 2022 Annual Conference
- National Council on Family Relations 2019 Annual Conference
- Illinois Council on Family Relations 2019 Annual Conference
- American Association for Marriage and Family Therapy 2018 Annual Conference
- Illinois Council on Family Relations 2018 Annual Conference
- National Council on Family Relations 2017 Annual Conference
- Society for the Study of Emerging Adulthood 2017 Biennial Conference
- American Association for Marriage and Family Therapy 2017 Annual Conference
- National Council on Family Relations 2016 Annual Conference
- Society for the Study of Emerging Adulthood 2015 Biennial Conference
- National Council on Family Relations 2014 Annual Conference

University Service Activities

Northern Illinois University

2024 – Present	Faculty Senator Representing the School of Family and Consumer Science
2025 – Present	NIU Faculty Senate Steering Committee
2017	Invited Speaker at the Red and Black Event for the NIU Foundation
2016 – 2018	Freshmen Orientation for New Students and Families – Professor's Panel
2015 (Fall)	University Coordinating Council

College of Health and Human Sciences

2025 – 2026	Search Committee Member for School Chair of Clinical and Developmental Sciences
2024 – 2025	Search Committee Member for Associate Dean
2019	Presentation during CHHS Spring 2019 meeting about "How to Organize and Manage an Undergraduate Research Team"
2018	Health Sciences Ph.D. Admissions Committee

School of Clinical and Developmental Sciences

2026 – Present	Human Development and Family Sciences Program Director

School of Family and Consumer Sciences

2025 – Present	Personnel Committee Alternate
2023 – 2025	Associate Chair – School of Family and Consumer Sciences
2021 – 2023	Area Coordinator – Human Development and Family Sciences
2020 – 2021	Graduate Faculty Director – School of Family and Consumer Sciences
2016 – 2020	Interviewer and Presenter during the NIU MFT Program Interviews
2016 – Present	Faculty Advisor for the NIU Student Council on Family Relations
2016 – 2024	Committee on Scholarships and Recognition
2019 – 2020	Search Committee Member for Marriage and Family Therapy Program Director
2017 – 2020	Graduate Faculty Chair – School of Family and Consumer Sciences
2019 – 2020	Search Committee Member for Family and Individual Development Faculty Member
2017 – 2019	Search Committee Member for Child Development and Family Center Director
2017 – 2018	Search Committee Member for Child Development Faculty
2017 – 2019	Search Committee Member for Gerontology Faculty Position
2016 – 2018	Partnership with the Illinois Department of Children and Family Services
2016 – 2017	School of Family and Consumer Sciences Curriculum Committee
2015	Search Committee Member for ISPP Coordinator

Additional Awards & Achievements

2015 Graduate Teaching Assistant of the Year
Kansas State University – Golden Key International Honour Society

Kansas State University, 2013, 2014
Nominated twice for the GSC Award for Graduate Student Teaching Excellence

Kansas State University, 2014 – 2015
Robert H. Poresky Award – $1,500 for Dissertation Research

Kansas State University, 2013 – 2014

GTA Recognition of Achievement in Professional Development – Awarded for Excellence and Commitment in Undergraduate Teaching

University of Nebraska-Lincoln, 2011 – 2012
Lutjeharms Fellowship – Provided money for books and other school expenses

University of Nebraska-Lincoln, 2010 – 2012
Edgren Graduate Tuition Fellowship – Provided in-state tuition

Brigham Young University, 2004, 2005
Real Estate Owned Managers Association (REOMAC) Scholarship – Two-time Recipient

Brigham Young University-Idaho, 2002 – 2003
Thomas E. Ricks Scholarship – Full Tuition and Books

Community Service

- Youth Soccer Coach, 2009 – 2024
- LDS Seminary Teacher, 2012 – 2014
- Volunteer Scout Leader in the Boy Scouts of America, 2010 – 2012, 2015 – 2018
- Voluntarily served as a full-time church representative in Johannesburg, South Africa for 2 years, 2000 – 2002
- Eagle Scout in the Boy Scouts of America, 1998

Professional References

Kansas State University

Dr. Amber Vennum
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212 Campus Creek Complex
Manhattan, KS, 66506

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Phone: 785-532-1488
209 Campus Creek Complex
Manhattan, KS, 66506

Dr. Sandra Stith
Dissertation Committee Member, Professor Emerita
Email: sstith@ksu.edu
Phone: 785-532-4377
101 Campus Creek Complex
Manhattan, KS, 66506

University of Nebraska Lincoln

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